





Life Enrichment Calendar – August 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Live 2 B Healthy 1P 10:00 Cards – Mr. Wilson 1C 11:00 Walking Club 3L 1:00 Game – Dominoes 3L 3:00 Happy Hour 1C 4:00 Sit and Chat - Lobby	2 9:00 Word Games – 3AR 10:00 Sequence 3L 11:00 Walking Club 3L 1:00 Wii Bowling 1P & FR 3:00 PO-KE-NO 3AR 4:00 Sit and Chat – Lobby	3 PANORAMA DAYS PARADE 10:00 Poker 3L 10:00 Cards – Residents choice 11:00 Walking Club 3L 4:00 Sit and Chat L 7:00 Lawrence Welk FR
4 10:00 Games – Residents Choice 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit and Chat – Lobby 6:00 Wii Bowling – 1P	5 Place Orders for Groceries 9:00 Men’s Coffee NDR 9:45 Music 3AR 10:00 BINGO 1:00 Balance Exercises 1P 1:30 Cribbage 1P 4:00 Sit and Chat - Lobby 6:00 Penny PO-KE-NO 3AR	6 Hometown Foods Delivery Day 9:00 Live 2 B Healthy ~ 1P 9:45 Meditation/Hymns/Church 1P 1:00 Rummikub ~ 4P 1:00 Bible study ~ 1P 3:00 Resident Meeting MDR 4:00 Cards –Kings in the Corner 3L 4:00 Sit & Chat – Lobby 6:00 Sequence 3L	7 8:30 Trip to Dollar General 10:00 Rummikub - 3L 11:00 Walking Club – 3L 1:00 Balance Exercises 1P 2:00 Ladies Coffee-NDR 3:00 Cards – UNO 3L 4:00 Sit & Chat/Puppy Playtime-L	8 PODIATRIST HERE TODAY 9:00 Live 2 B Healthy 1P 10:00 Cards – Mr. Wilson 1C 1:00 Game – Dominoes 3L 3:00 Happy Hour 1C 4:00 Sit and Chat – Lobby 5:30 REDFIELD BINGO!	9 9:00 Day Trip & Lunch 10:00 Sequence 3L 11:00 Walking Club 3L 1:00 Wii Bowling 1P & FR 3:00 PO-KE-NO 3AR 3:00 Mass with Deacon Ziller 1C 4:00 Sit and Chat – Lobby	10 ADEL SWEET CORN PARADE 10:00 Poker 3L 10:00 Cards – Residents choice 11:00 Walking Club 3L 4:00 Sit and Chat L 7:00 Lawrence Welk FR
11 2:00 Movie & Popcorn 4:00 Sit and Chat – Lobby 5:00 Gospel Night – First Christian Church 6:00 Wii Bowling – 1P	12 Place Orders for Groceries 9:00 Men’s Coffee 9:45 Music 3AR 10:00 BINGO 3AR 1:00 Balance Exercises 1P 3:00 Scenic Drive and Ice Cream 4:00 Sit and Chat – Lobby 6:00 Penny PO-KE-NO 3AR	13 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 10:00 Meeting with Senior Housing 1:00 Bible study 1P 1:00 Rummikub ~ 4P 3:00 Cards –Kings in the Corner 3L 4:00 Sit & Chat – Lobby 6:00 Sequence 3L	14 8:00 IOWA STATE FAIR 10:00 Rummikub 3L 11:00 Walking Club – L 2:00 Ladies Coffee - NDR 3:00 Cards – UNO 3L 4:00 Sit & Chat/Puppy Playtime-L	15 9:00 Live 2 B Healthy 1P 10:00 Cards – Mr. Wilson 1C 11:00 Walking Club 3L 1:00 Game - Dominoes 3L 3:00 Happy Hour 1C 4:00 Sit & Chat - Lobby	16 8:00 Breakfast on the Beach 10:00 Sequence/Games 3L 11:00 Walking Club 1:00 Wii Bowling 1P & FR 3:00 PO-KE-NO 3AR 4:00 Sit and Chat - Lobby	17 10:00 Poker 3L 10:00 Cards – Residents choice 11:00 Walking Club 3L 4:00 Sit and Chat L 7:00 Lawrence Welk FR
18 10:00 Games– Residents Choice 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit and Chat – Lobby 6:00 Wii Bowling – 1P	19 Place Orders for Groceries 9:00 Men’s Coffee 9:45 Music 3AR 10:00 BINGO 3AR 1:00 Balance Exercises 1P 1:30 Cribbage 1P 4:00 Sit and Chat – Lobby 6:30 Penny PO-KE-NO 3AR	20 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation/Hymns/Church 1P 1:00 Bible study 1P 1:00 Rummikub 4P 3:00 Cards –Kings in the Corner 3L 3:00 Trip to Panora 4:00 Sit and Chat – Lobby 6:00 Sequence 3L	21 PONTOON RIDES TODAY 10:00 Rummikub 3L 11:00 Walking Club 3L 1:00 Balance Exercises 1P 2:00 Ladies Coffee NDR 3:00 Cards – UNO 3L 4:00 Sit & Chat/Puppy Playtime-L 5:30 Community Supper FBC	22 9:00 Live 2 B Healthy 1P 10:00 Mr. Wilson (Cards) 1C 1:00 Dominoes 3L 3:00 Happy Hour 1C 4:00 Sit and Chat – Lobby 5:30 REDFIELD BINGO!	23 9:00 Therapy Dog 10:00 Sequence 3L 11:00 Walking Club 3L 1:00 Wii Bowling 1P & FR 3:00 Mass with Deacon Ziller 1C 4:00 Sit and Chat - Lobby	24 WALK TO END ALZHEIMER’S 10:00 Poker 3L 10:00 Cards – Residents choice 11:00 Walking Club 3L 4:00 Sit and Chat L 6:45 Christian Movie - FBC 7:00 Lawrence Welk FR
25 10:00 Games- Residents Choice 1:30 Dance Raccoon Ridge \$6 2:00 Movie & Popcorn 4:00 Sit and Chat – Lobby 6:00 Wii Bowling – 1P	26 Place Orders for Groceries 9:00 Men’s Coffee 9:45 Music 3AR 10:00 BINGO 3AR 1:00 Balance Exercises 1P 1:30 Cribbage 1P 4:00 Sit and Chat – Lobby 6:00 Penny PO-KE-NO 3AR	27 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation/Hymns/Church 1P 1:00 Bible study 1P 1:00 Rummikub 4P 3:00 Cards –Kings in the Corner 3L 4:00 Sit and Chat – Lobby 6:00 Sequence 3L	28 8:30 Trip to Walmart 10:00 Rummikub - 3L 11:00 Walking Club – 3L 1:00 Balance Exercises 1P 2:00 Ladies Coffee PDR 3:30 Cards – UNO 3L 4:00 Sit & Chat/Puppy Playtime-L	29 9:00 Live 2 B Healthy 1P 10:00 Mr. Wilson (Cards) 1C 11:00 Walking Club 1:00 Dominoes 3L 3:00 Happy Hour 1C 4:00 Sit and Chat – Lobby	30 9:00 Word Games – 3AR 10:00 Sequence 3L 11:00 Walking Club 3L 1:00 Wii Bowling 1P & FR 3:00 PO-KE-NO 3AR 4:00 Sit and Chat – Lobby	31 Guthrie County Fair Parade 10:00 Poker 3L 10:00 Cards – Residents choice 11:00 Walking Club 3L 4:00 Sit and Chat L 7:00 Lawrence Welk FR

The Gardens Life Enrichment Calendar – AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4 9:00 Church on TV Ch. 23 11:00 Sit Down Dancing 2:00 Movie & Popcorn 3:00 Snack 4:00 Music in Motion	5 9:00 Music Speaks 11:15 Name Five 1:00 Games – Residents choice 2:00 Busy Boxes 3:00 Snack 4:15 What's in the Bag?	6 9:00 Live 2 B Healthy 9:45 Meditation/Hymns/Church 11:15 BINGO! 1:00 Dominoes 3:00 Snack 4:00 Songs to Remember	7 9:00 Music Speaks 10:00 Noodle Balloon 11:15 Finish that Line 1:00 Balance Exercises 2:30 Birthday Party for August 3:00 Snack 4:00 Music in Motion	8 PODIATRIST COMES TODAY Hair Day 9: 00 Live 2 B Healthy 11:15 Chicken Soup Questions 1:00 Hand Massage 2:00 Aqua Painting 3:00 Social Hour/Snack 4:00 Hymns to Remember	9 2 HAPPY BIRTHDAY WES! 8:45 Fill Bird Baths 10:00 Arrange Flowers 11:15 SongBurst 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion	3 Panorama Days Parade 8:45 Walking Club 10:00 Busy Boxes 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk
11 9:00 Church on TV Ch. 23 11:00 Sit Down Dancing 12:00 Father's Day BBQ 2:00 Movie & Popcorn 3:00 Snack 4:00 Music in Motion 4:30 Gospel Night - 1 st Christian Church	12 9:00 Music Speaks 11:15 Name Five 2:00 Scenic Drive & Ice Cream 2:00 Busy Boxes 3:00 Snack 4:15 What's in the Bag?	13 9:00 Live 2 B Healthy 9:45 Meditation/Hymns/Church 11:15 BINGO! 1:00 Dominoes 3:00 Snack 4:15 Songs to Remember	14 9:00 Music Speaks 10:00 Noodle Balloon 11:15 Finish that Line 1:00 Balance Exercises 2:00 Ladies Coffee 3:00 Snack 4:00 Music in Motion	15 Hair Day 9:00 Live 2 B Healthy 11:15 Chicken Soup Questions 1:00 Hand Massage 2:00 Aqua Painting 3:00 Social Hour/Snack 4:00 Hymns to Remember	16 8:00 Breakfast on the Beach 8:45 Fill Bird Baths 10:00 Arrange Flowers 11:15 SongBurst 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion	17 8:45 Walking Club 10:00 Busy Boxes 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk
18 9:00 Church on TV Ch. 23 11:00 Sit Down Dancing 2:00 Movie & Popcorn 3:00 Snack 4:00 Music in Motion	22 9:00 Music Speaks 11:15 Name Five 1:00 Games – Residents choice 2:00 Busy Boxes 3:00 Snack 4:15 What's in the Bag?	20 9:00 Live 2 B Healthy 9:45 Meditation/Hymns/Church 11:15 BINGO! 1:00 Dominoes 3:00 Snack 4:00 Songs to Remember	21 PONTON RIDES TODAY 9:00 Music Speaks 10:00 Noodle Balloon 11:15 Finish that Line 2:00 Ladies Coffee 3:00 Snack 4:00 Music in Motion 5:15 Community Supper - FBC	22 Hair Day 9:00 Live 2 B Healthy 11:15 Chicken Soup Questions 1:00 Hand Massage 2:00 Aqua Painting 3:00 Social Hour/Snack 4:00 Hymns to Remember 5:30 Redfield BINGO	23 9:30 Therapy Dog 10:00 Arrange Flowers 11:15 SongBurst 2:00 Adult Coloring 3:00 Mass with Deacon Ziller 3:00 Snack 4:00 Music in Motion	24 WALK TO END ALZHEIMERS 8:45 Walking Club 10:00 Busy Boxes 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk
25 9:00 Church on TV Ch. 23 11:00 Sit Down Dancing 2:00 Movie & Popcorn 3:00 Snack 4:00 Music in Motion	26 9:00 Music Speaks 11:15 Name Five 1:00 Games – Residents choice 2:00 Busy Boxes 3:00 Snack 4:15 What's in the Bag?	27 9:00 Live 2 B Healthy 9:45 Meditation/Hymns/Church 11:15 BINGO! 1:00 Dominoes 3:00 Snack 4:15 Songs to Remember	28 9:00 Music Speaks 10:00 Noodle Balloon 11:15 Finish that Line 2:00 Ladies Coffee 3:00 Snack 3:15 Craft-Flowers of Summer	29 Hair Day 9:00 Live 2 B Healthy 11:15 Chicken Soup Questions 1:00 Hand Massage 2:00 Aqua Painting 3:00 Social Hour/Snack 4:00 Hymns to Remember	30 8:45 Fill Bird Baths 9:30 Therapy Dog 10:00 Arrange Flowers 11:15 SongBurst 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion	31 Guthrie County Fair Parade 8:45 Walking Club 10:00 Busy Boxes 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk