







Life Enrichment Calendar – March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1P = 1st floor piano area L = Lobby 2nd Floor FR = Fireside room- 2nd Floor MDR = Main Dining Room PDR = Private Dining Room 3L = 3rd Floor Library 3AR = 3rd Floor Activity Room MCG = Memory Care Garden FBC = Faith Bible Church</p>		<p>ALL TRIPS THIS MONTH ARE STILL WEATHER PERMITTING. Please watch the bulletin board on the 2nd floor outside the dining room for updates, cancelations and postponements.</p>		
<p>3 11:00 Walking Club - L 2:00 Movie & Popcorn – FR 4:00 Sit and Chat L</p>	<p>4 (Place Orders for Groceries) 9:00 Men's Coffee PDR 9:45 Music 3AR 10:00 BINGO 3AR 11:00 Walking Club 3AR 1:00 Balance Exercises 1P 1:30 Cribbage 1P 3:00 Tech-Time with Amanda FR</p>	<p>5 HAPPY BIRTHDAY LINDA S.! Hometown Foods Delivery Day 9:00 Live 2 B Healthy 1P 10:00 Church 1P 1:00 Bible study 1P 2:30 Cards – Pitch 1P 3:00 Resident Meeting - MDR 4:00 Cards –Kings in the Corner 3L</p>	<p>6 HAPPY BIRTHDAY LOU! ASH WEDNESDAY 9:00 Trip to Dollar General 10:00 Rummikub 3L 11:00 Walking Club 3L 1:00 Balance Exercises 1P 2:30 Birthday Party-March MDR 4:00 Puppy Playtime-Lobby 4:00 Sit and Chat - L</p>	<p>7 VITALS CLINIC TODAY 9:00 Live 2 B Healthy 1P 10:00 Game – Dominoes 11:00 Walking Club 3L 1:00 Cards – Mr. Wilson 3L 3:00 Happy Hour PDR 4:00 Sit and Chat L</p>	<p>8 9:00 Sit and Knit FR 10:00 Sequence/Games 3L 11:00 Walking Club 12:45 Meditation Moments 1P 1:00 Wii Bowling 1P 4:00 Sit and Chat L</p>	<p>9 10:00 Poker 3L 10:00 Cards – Resident's Choice 3L 11:00 Walking Club 3L 4:00 Sit and Chat L 7:00 Lawrence Welk FR</p>
<p>10 DAYLIGHT SAVINGS TIME BEGINS (SPRING FORWARD) 11:00 Walking Club - L 2:00 Movie & Popcorn FR 4:00 Sit and Chat L 5:00 Gospel Night – First Christian Church</p>	<p>11 (Place Orders for Groceries) 9:00 Men's Coffee PDR 9:45 Music 3AR 10:00 BINGO 3AR 11:00 Walking Club 3AR 12:45 Balance Exercises 1P 1:30 Activity with AC/GC Students 2:30 Trip to Panora 4:00 Sit and Chat L</p>	<p>12 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 1P 10:00 Church 1:00 Bible study 1P 2:30 Cards – Pitch 1P 3:00 Cards –Kings in the Corner 3L 4:00 Sit and Chat L</p>	<p>13 9:00 Reading Buddies at School 10:00 Rummikub 3L 11:00 Walking Club 3L 1:00 Balance Exercises 1P 2:00 Ladies Coffee 3:00 Cards – UNO 3L 4:00 Puppy Playtime Lobby 4:00 Sit and Chat L</p>	<p>14 PODIATRIST HERE TODAY 9:00 Live 2 B Healthy 10:00 Game – Dominoes 3L 11:00 Walking Club 3L 1:00 Cards – Mr. Wilson 3:00 Happy Hour PDR 4:00 Sit and Chat L</p>	<p>15 9:00 Therapy Dog FR 10:00 Sequence/Games 3L 11:00 Lunch at Prime Time 11:00 Walking Club 1:00 Wii Bowling 1P 4:00 Sit and Chat L</p>	<p>16 10:00 Poker 3L 10:00 Cards – Resident's Choice 3L 11:00 Walking Club 3L 4:00 Chili Cook-off Casey followed by .50 cent BINGO 4:00 Sit and Chat L 7:00 Lawrence Welk FR</p>
<p>17 HAPPY BIRTHDAY WENDELL HAPPY ST. PATRICK'S DAY 11:00 Walking Club L 2:00 Movie & Popcorn FR 4:00 Sit and Chat L</p>	<p>18 (Place Orders for Groceries) 9:00 Men's Coffee PDR 9:45 Music 3 AR 10:00 BINGO 3AR 11:00 Walking Club 3AR 1:00 Balance Exercises 1P 1:30 Cribbage 1P 4:00 Sit and Chat L</p>	<p>19 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 1P 10:00 Church 1P 1:00 Bible study 1P 2:30 Cards Pitch – 1P 3:00 Cards –Kings in the Corner 3L 4:00 Sit and Chat L</p>	<p>20 1ST DAY OF SPRING 10:00 Jerry Michael-Music MDR 11:00 Walking Club 3L 1:00 Balance Exercises 1P 2:00 Ladies Coffee PDR 3:00 Cards – UNO 3L 4:00 Puppy Playtime/Sit & Chat L 5:30 Community Supper FBC</p>	<p>21 9:00 Live 2 B Healthy 1P 10:00 Game – Dominoes 3L 11:00 Walking Club 3L 1:00 Cards – Mr. Wilson 3:00 Happy Hour PDR 4:00 Sit and Chat L</p>	<p>22 HAPPY BIRTHDAY PHYLLIS! 9:00 Sit & Knit 10:00 Sequence/Games 3L 11:00 Walking Club 1:00 Wii Bowling 1P 3:00 Mass with Fr. Tom – Chapel 4:00 Sit and Chat L</p>	<p>23 10:00 Poker 3L 10:00 Cards – Resident's Choice 3L 11:00 Walking Club 3L 4:00 Sit and Chat L 7:00 Christian Movie FBC 7:00 Lawrence Welk FR</p>
<p>24 & 31 11:00 Walking Club L 2:00 Movie & Popcorn FR 4:00 Sit and Chat L</p>	<p>25 (Place Orders for Groceries) 9:00 Men's Coffee PDR 9:45 Music 3AR 10:00 BINGO 3AR 11:00 Walking Club 3AR 1:00 Trip to Walmart 4:00 Sit and Chat L</p>	<p>26 HAPPY BIRTHDAY DOT! 19 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 1P 10:00 Church 1P 1:00 Bible study 1P 2:30 Cards – Pitch 1P 3:00 Cards –Kings in the Corner 3L 4:00 Sit and Chat L</p>	<p>27 HAPPY BIRTHDAY JOHN H.! 9:00 Reading Buddies at School 10:00 Rummikub 3L 11:00 Walking Club 3L 1:00 Balance Exercises 1P 2:00 Ladies Coffee PDR 3:00 Cards – UNO 3L 4:00 Puppy Playtime/Sit & Chat L</p>	<p>28 9:00 Live 2 B Healthy 10:00 Community Bingo PDR 11:00 Walking Club - Lobby 1:00 Cards – Mr. Wilson 3:00 Happy Hour 4:00 Sit and Chat L</p>	<p>29 9:00 Therapy Dog FR 10:00 Sequence/Games 3L 11:00 Walking Club 3L 1:00 Wii Bowling 1P 4:00 Sit and Chat L 4:30 Supper at Just Ethel's</p>	<p>30 HAPPY BIRTHDAY MARY B.! 10:00 Poker 3L 10:00 Cards – Resident's Choice 3L 11:00 Walking Club 3L 4:00 Sit and Chat L 7:00 Lawrence Welk FR</p>

The Gardens Life Enrichment Calendar – March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>HAPPY BIRTHDAY 14th Jayne B. 26th Anne M.</p>				<p>1 9:30 Hand Massage 10:00 Hymn Sing 11:30 Trivia Questions 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>2 10:00 Sing Along (CD) 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>3 9:30 Church on DVD/TV 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion</p>	<p>4 9:00 Music Speaks 10:00 Word Games 11:30 Devotions 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>5 9:00 Live 2 B Healthy 9:45 Meditation Moments 11:00 BINGO! 2:00 Sing Along (CD) 3:00 Snack 4:00 Arrange Flowers</p>	<p>6 ASH WEDNESDAY 9:00 Sing Along (CD) 10:00 Word Games 11:30 Devotions 2:00 Ladies Coffee 3:00 Snack 4:00 Music in Motion</p>	<p>7 VITALS CLINIC TODAY Hair Day 9:00 Music Speaks 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cat Therapy 11:30 Morning Stretch 3:00 Social Hour & Snack 4:00 Music in Motion</p>	<p>8 9:30 Hand Massage 11:30 Trivia Questions 2:00 Adult Coloring 3:00 Mass with Fr. Tom - Chapel 3:00 Snack 4:00 Music in Motion 4:30 Fish Fry at St. Mary's</p>	<p>9 10:00 Sing Along (CD) 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>10 DAYLIGHT SAVINGS TIME BEGINS – (SPRING FORWARD) 9:30 Church on DVD/TV 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 4:30 Leave for Gospel Night @ The First Christian Church</p>	<p>11 9:00 Sing Along (CD) 10:00 Word Games 11:30 Devotions 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>12 9:00 Music Speaks 9:00 Live 2 B Healthy 9:45 Meditation Moments 11:00 BINGO! 2:00 Sing Along (CD) 3:00 Snack 4:00 Arrange Flowers</p>	<p>13 SPA DAY 9:00 Sing Along (CD) 10:00 Word Games 11:30 Devotions 2:00 Ladies Coffee 3:00 Snack 4:00 Music in Motion</p>	<p>14 HAPPY BIRTHDAY JAYNE! PODIATRIST COMES TODAY Hair Day 9:00 Music Speaks 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cat Therapy 11:30 Morning Stretch 3:00 Social Hour & Snack 4:00 Arrange Flowers</p>	<p>15 9:30 Therapy Dog 11:00 Lunch at Prime Time 11:00 Arrange Flowers 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>16 10:00 Sing Along (CD) 11:00 Sit Down Dancing 3:00 Snack 4:00 Chili cook-off and BINGO in Casey, IA 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>17 HAPPY ST. PATRICK'S DAY 9:30 Church on DVD/TV 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion</p>	<p>18 9:00 Music Speaks 10:00 Word Games 11:30 Devotions 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>19 9:00 Live 2 B Healthy 9:45 Meditation Moments 11:00 BINGO! 2:00 Sing Along (CD) 3:00 Snack 4:00 Arrange Flowers</p>	<p>20 SPRING BEGINS 9:00 Music Speaks 10:00 Jerry Michael (Music) 11:30 Devotions 2:00 Scenic Drive to Jefferson 3:00 Snack 4:00 Music in Motion</p>	<p>21 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cat Therapy 11:30 Morning Stretch 3:00 Social Hour & Snack 4:00 Arrange Flowers</p>	<p>22 10:00 Hymn Sing 11:30 Trivia Questions 2:00 Adult Coloring 3:00 Mass with Fr. Tom - Chapel 3:00 Snack 4:00 Music in Motion</p>	<p>23 10:00 Sing Along (CD) 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>24 & 31 9:30 Church on DVD/TV 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion</p>	<p>25 9:00 Music Speaks 10:00 Word Games 11:30 Devotions 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>26 HAPPY BIRTHDAY ANNE! 9:00 Live 2 B Healthy 9:45 Meditation Moments 11:00 BINGO! 2:00 Sing Along (CD) 3:00 Snack 4:00 Arrange Flowers</p>	<p>27 9:00 Music Speaks 10:00 Word Games 11:30 Devotions 2:00 Ladies Coffee 3:00 Snack 4:00 Music in Motion</p>	<p>28 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cat Therapy 11:00 Morning Stretch 3:00 Social Hour & Snack 4:00 Arrange Flowers</p>	<p>29 9:30 10:00 Hymn Sing 11:30 Trivia Questions 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion 4:30 Supper at Just Ethel's - Yale</p>	<p>30 10:00 Sing Along (CD) 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk</p>