

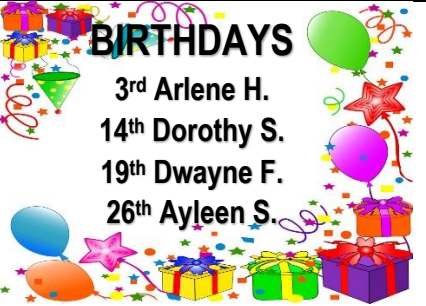



Life Enrichment Calendar – January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>ALL TRIPS THIS MONTH ARE WEATHER PERMITTING AND MAY BE POSTPONED OR CANCELLED DUE TO BAD ROAD CONDITIONS.</p> 	<p>1 HAPPY NEW YEAR! 9:45 Meditation Moments 3L 10:00 Games–Resident’s Choice 3L 11:00 Music in Motion FR 1:00 Adult Coloring 3AR 3:00 Cards –Kings in the Corner 3L 4:00 Sit Down Dancing FR</p>	<p>2 Hometown Foods Delivery Day 9:00 Trip to Dollar General 10:00 Rummikub 3L 11:00 Music in Motion FR 1:30 Puppy Playtime MCG 2:30 Birthday Party-January MDR 4:00 Sit Down Dancing FR</p>	<p>3 HAPPY BIRTHDAY ARLENE H. VITALS CLINIC TODAY 9:00 Live 2 B Healthy 1P 10:00 Dominoes (M.T.) 3L 11:00 Music in Motion FR 1:00 Cards – Mr. Wilson 3L 3:00 Happy Hour PDR 4:00 Sit Down Dancing FR</p>	<p>4 GRIEF COUNSELOR TODAY 9:00 Sit and Knit FR 10:00 Sequence/Games 3L 11:00 Music in Motion FR 12:45 Meditation Moments 1P 1:00 Wii Bowling 1P 4:00 Sit Down Dancing FR</p>	<p>5 10:00 Cards – Resident’s Choice 3L 11:00 Music in Motion FR 1:00 Gotta Zing (Music) MDR 3:00 Sit Down Dancing FR 7:00 Lawrence Welk FR</p>
<p>6 11:00 Walking Club L 11:00 Music in Motion FR 2:30 Movie & Popcorn FR 4:00 Sit Down Dancing FR</p>	<p>7 (Place Orders for Groceries) 9:00 Men’s Coffee PDR 9:45 Music 3AR 10:00 BINGO 3AR 11:00 Music in Motion FR 1:00 Cards/Games-Resident’s choice 3L 3:00 Tech-Time with Amanda FR 4:00 Sit Down Dancing FR</p>	<p>8 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 1P 9:45 Meditation Moments 1P 10:00 Church 1P 11:00 Music in Motion FR 1:00 Bible Study 1P 3:00 Resident’s Meeting MDR 4:00 Cards –Kings in the Corner 3L 4:00 Sit Down Dancing FR HAPPY BIRTHDAY ELVIS P!</p>	<p>9 9:00 Reading Buddies at School 10:00 Rummikub 3L 11:00 Music in Motion FR 11:00 Lunch at the Links 1:30 Puppy Playtime MCG 2:00 Ladies Coffee PDR 3:00 Cards – UNO 3L 4:00 Sit Down Dancing FR</p>	<p>10 PODIATRIST HERE TODAY 9:00 Live 2 B Healthy 1P 9:45 Meditation Moments 1P 10:00 Janet Snell – Music MDR 11:00 Music in Motion FR 11:00 Walking Club 1:00 Cards – Mr. Wilson 3L 3:00 Happy Hour PDR 4:00 Sit Down Dancing FR</p>	<p>11 9:00 Therapy Dog (Jenni) FR 10:00 Sequence/Games 3L 11:00 Music in Motion FR 12:45 Meditation Moments 1P 1:00 Wii Bowling 1P 4:00 Sit Down Dancing FR</p>	<p>12 10:00 Cards – Resident’s Choice 3L 11:00 Music in Motion FR 3:00 Sit Down Dancing FR 7:00 Lawrence Welk FR</p>
<p>13 11:00 Music in Motion FR 2:00 Movie & Popcorn FR 4:00 Sit Down Dancing FR 5:00 Gospel Night – First Christian Church</p>	<p>14 HAPPY BIRTHDAY DOROTHY S (Place Orders for Groceries) 9:00 Men’s Coffee PDR 9:45 Music 3AR & :00 BINGO 3AR 11:00 Music in Motion FR 1:30 Activity w/ AC/GC H.S. 3AR 2:30 Trip to Panora 4:00 Sit Down Dancing FR</p>	<p>15 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 1P 9:45 Meditation Moments 1P 10:00 Church 1P 11:00 Music in Motion FR 1:00 Bible Study 1P 3:00 Cards –Kings in the Corner 3L 4:00 Sit Down Dancing FR</p>	<p>16 9:00 Sit and Knit FR 10:00 Jerry Michael (Music) MDR 11:00 Music in Motion FR 1:30 Puppy Playtime MCG 2:00 Ladies Coffee PDR 3:00 Cards – UNO 3L 4:00 Sit Down Dancing FR</p>	<p>17 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Game –Dominoes (M.T.) 3L 11:00 Walking Club 11:00 Music in Motion 1:00 Cards – Mr. Wilson 3L 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>18 9:00 Therapy Dog (Carmel) FR 10:00 Sequence/Games 3L 11:00 Music in Motion FR 12:45 Meditation Moments 1P 1:00 Wii Bowling 1P 4:00 Sit Down Dancing FR</p>	<p>19 HAPPY BIRTHDAY DWAYNE 10:00 Cards – Resident’s Choice 3L 11:00 Music in Motion FR 3:00 Sit Down Dancing FR 7:00 Lawrence Welk FR</p>
<p>20 11:00 Walking Club L 11:00 Music in Motion FR 2:00 Movie & Popcorn FR 4:00 Sit Down Dancing FR</p>	<p>21 (Place Orders for Groceries) MLK Jr. Day-NO MAIL DELIVERY 9:00 Men’s Coffee PDR 9:45 Music 3AR 10:00 BINGO 3A 11:00 Music in Motion FR 1:00 Cards/Games-Resident’s choice 4:00 Sit Down Dancing FR</p>	<p>22 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 1P 9:45 Meditation Moments 1P 10:00 Church 1P 11:00 Music in Motion FR 1:00 Bible Study 1P 3:00 Cards –Kings in the Corner 3L 4:00 Sit Down Dancing FR</p>	<p>23 9:00 Reading Buddies at School 10:00 Rummikub 3L 11:00 Music in Motion FR 1:30 Puppy Playtime MCG 2:00 Ladies Coffee PDR 3:00 Cards – UNO 3L 4:00 Sit Down Dancing FR</p>	<p>24 9:00 Live 2 B Healthy 1P 9:45 Meditation Moments 1P 10:00 Game –Dominoes (C.F.) 3L 11:00 Music in Motion 1:00 Cards – Mr. Wilson 3L 3:00 Happy Hour PDR 4:00 Sit Down Dancing FR</p>	<p>25 9:00 Sit and Knit FR 10:00 Sequence/Games 3L 11:00 Music in Motion FR 12:45 Meditation Moments 1P 1:00 Wii Bowling 1P 4:00 Sit Down Dancing FR 4:30 Supper at Just Ethel’s-Yale</p>	<p>26 HAPPY BIRTHDAY AYLEEN 10:00 Cards – Resident’s Choice 3L 11:00 Music in Motion FR 3:00 Sit Down Dancing FR 7:00 Lawrence Welk FR</p>
<p>27 11:00 Walking Club L 11:00 Music in Motion FR 2:00 Movie & Popcorn FR 4:00 Sit Down Dancing FR</p>	<p>28 (Place Orders for Groceries) 9:00 Men’s Coffee PDR 9:45 Music & 10:00 BINGO 3AR 11:00 Music in Motion FR 1:00 Trip to Walmart 1:00 Cards/Games-Resident’s choice 4:00 Sit Down Dancing FR</p>	<p>29 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 1P 9:45 Meditation Moments 3AR 10:00 Christmas Word Games 3AR 11:00 Music in Motion FR 1:00 Bible Study 1P 3:00 Cards –Kings in the Corner 3L 4:00 Sit Down Dancing FR</p>	<p>30 9:00 Sit and Knit FR 10:00 Rummikub 3L 11:00 Music in Motion FR 1:30 Puppy Playtime MCG 2:00 Cards – UNO 3L 4:00 Sit Down Dancing FR</p>	<p>31 9:00 Live 2 B Healthy 1P 9:45 Meditation Moments 1P 10:00 Game –Dominoes (M.T.) 3L 11:00 Music in Motion FR 1:00 Cards – Mr. Wilson 3L 3:00 Happy Hour PDR 4:00 Sit Down Dancing FR</p>	 <p>BIRTHDAYS 3rd Arlene H. 14th Dorothy S. 19th Dwayne F. 26th Ayleen S.</p>	<p>1P = 1st floor piano area L = Lobby 2nd Floor FR = Fireside room- 2nd Floor MDR = Main Dining Room PDR = Private Dining Room 3L = 3rd Floor Library 3AR = 3rd Floor Activity Room MCG = Memory Care Garden</p>

The Gardens Life Enrichment Calendar – January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>HAPPY BIRTHDAY 19th Diane C.</p>	<p>1 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 3:00 Snack 4:00 Music in Motion</p>	<p>2 9:00 Music Speaks 10:00 Word Games 1:30 Puppy Playtime 2:00 Hymn Sing (CD) 2:30 Birthday Party for January 4:00 Music in Motion</p>	<p>3 Hair Day 9: 00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cat Therapy 11:00 Sit Down Dancing 3:00 Social Hour & Snack 4:00 Music in Motion</p>	<p>4 10:00 Hymn Sing 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>5 10:00 Sing Along (CD) 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>6 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 3:00 Snack 4:00 Music in Motion</p>	<p>7 9:00 Music Speaks 9:00 Men's Coffee 9:45 Music (on CD) 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:00 Snack 4:00 Music in Motion</p>	<p>8 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 1:00 Sing Along (CD) 3:00 Snack 4:00 Music in Motion</p>	<p>9 9:00 Music Speaks 10:00 Word Games 1:30 Puppy Playtime 2:00 Hymn Sing (CD) 3:00 Snack 4:00 Music in Motion</p>	<p>10 Hair Day 9: 00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cat Therapy 11:00 Sit Down Dancing 3:00 Social Hour & Snack 4:00 Music in Motion</p>	<p>11 GRIEF COUNSELOR-TODAY 9:30 Therapy Dog 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>12 10:00 Sing Along (CD) 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>13 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 3:00 Snack 4:00 Music in Motion 4:30 Leave for Gospel Night @ The First Christian Church</p>	<p>14 9:00 Music Speaks 9:00 Men's Coffee 9:45 Music (on CD) 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents Choice 3:00 Snack 4:00 Music in Motion</p>	<p>15 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 1:00 Sing Along (CD) 3:00 Snack 4:00 Music in Motion</p>	<p>16 9:00 Music Speaks 10:00 Jerry Michael- Entertainment 11:00 Sit Down Dancing 1:30 Puppy Playtime 2:00 Hymn Sing (CD) 3:00 Snack 4:00 Music in Motion</p>	<p>17 PODIATRIST COMES TODAY Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cat Therapy 11:00 Sit Down Dancing 3:00 Social Hour & Snack 4:00 Music in Motion</p>	<p>18 9:30 Therapy Dog 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>19 Happy Birthday Diane C. 10:00 Sing Along (CD) 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>20 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 3:00 Snack 4:00 Music in Motion</p>	<p>21 9:00 Music Speaks 9:00 Men's Coffee 9:45 Music (on CD) 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:00 Snack 4:00 Music in Motion</p>	<p>22 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 1:00 Sing Along (CD) 3:00 Snack 4:00 Music in Motion</p>	<p>23 9:00 Music Speaks 10:00 Word Games 11:00 Sit Down Dancing 1:30 Puppy Playtime 2:00 Hymn Sing (CD) 3:00 Snack 4:00 Music in Motion</p>	<p>24 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cat THERapy 11:00 Sit Down Dancing 3:00 Social Hour & Snack 4:00 Music in Motion</p>	<p>25 10:00 Hymn Sing 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p>	<p>26 10:00 Sing Along (CD) 11:00 Sit Down Dancing 3:00 Snack 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>27 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 3:00 Snack 4:00 Music in Motion</p>	<p>28 9:00 Music Speaks 9:00 Men's Coffee 9:45 Music (on CD) 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:00 Snack 4:00 Music in Motion</p>	<p>29 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 1:00 Sing Along (CD) 3:00 Snack 4:00 Music in Motion</p>	<p>30 9:00 Music Speaks 10:00 Word Games 11:00 Sit Down Dancing 1:30 Puppy Playtime 2:00 Hymn Sing (CD) 3:00 Snack 4:00 Music in Motion</p>	<p>31 Hair Day 9: 00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cat Therapy 11:00 Sit Down Dancing 3:00 Social Hour & Snack 4:00 Music in Motion</p>		