

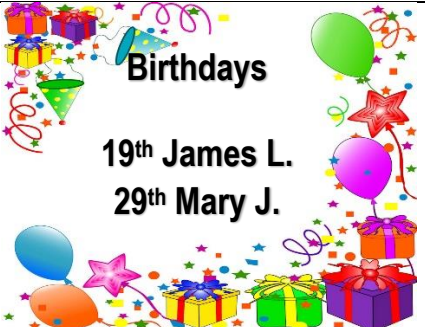


Life Enrichment Calendar – October 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|---|--|
|  | 1-(Place Orders for Groceries) 9:00 Men's Coffee 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Cribbage 4:00 Sit Down Dancing | 2 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 10:30 Walgreens & Fast Food Lunch 11:00 Music in Motion 1:00 Bible study 3:00 Kings in the Corner 4:00 Sit Down Dancing | 3 SENIOR DENTAL HERE TODAY 8:30 Trip to Dollar General 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 1:00 Balance Exercises 2:30 Birthday Party for October 4:00 Sit Down Dancing | 4 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes (C.F.) 11:00 Music in Motion 1:00 Side by Side (Music) 3:00 Happy Hour 4:00 Sit Down Dancing | 5 9:00 Therapy Dog - Sadie 10:00 Sequence & Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing | 6 10:00 Cards-Resident's Choice 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk |
| 7 11:00 Walking Club 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing | 8 COLUMBUS DAY (Place Orders for Groceries) 9:00 Men's Coffee 9:45 Music 10:00 BINGO 11:00 Music in Motion 1:00 Balance Exercises 1:30 Cribbage 4:00 Sit Down Dancing | 9 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing | 10 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards - UNO 4:00 Sit Down Dancing | 11 PODIATRIST HERE TODAY 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes (M.T.) 11:00 Music in Motion 11:00 Walking Club 3:00 Happy Hour 4:00 Sit Down Dancing | 12 9:00 Therapy Dog – Keysa or Jenni 10:00 Sequence & Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing 6:00 Oak Tree Opry (7-9) Anita, IA | 13 10:00 Cards-Resident's Choice 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk |
| 14 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing 5:00 Gospel Night – First Christian Church 5-7 Haunted Village at G.C. Historical Museum | 15 (Place Orders for Groceries) 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 12:45 Balance Exercises 1:30 Activity with AC/GC Students 4:00 Sit Down Dancing | 16 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 10:30 Trip to Jefferson-Casino/Deals Orchard 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing | 17 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 1:00 Balance Exercises 1:30 Trip to Panora 2:00 Cards - UNO 4:00 Sit Down Dancing | 18 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes (C.F.) 11:00 Walking Club 11:00 Music in Motion 12:45-School Reading Buddies 3:00 Happy Hour 4:00 Sit Down Dancing | 19 Happy Birthday James L. SCENIC DRIVE & LUNCH AT THE BRIDGES OF MADISON CO. 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing | 20 10:00 Cards-Resident's Choice 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk |
| 21 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing | 22 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Cribbage 4:00 Sit Down Dancing | 23 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing | 24 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards - UNO 4:00 Sit Down Dancing | 25 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes (M.T.) 11:00 Music in Motion 3:00 Happy Hour 4:00 Sit Down Dancing | 26 9:00 Therapy Dog - Carmel 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing | 27 10:00 Cards-Resident's Choice 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk |
| 28 11:00 Walking Club 11:00 Music in Motion 1:30 Dance at Raccoon Ridge 2:00 Movie & Popcorn 4:00 Sit Down Dancing | 29 Happy Birthday Mary J. Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Trip to Walmart 4:00 Sit Down Dancing | 30 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing 5:00-7:00 BEGGARS NIGHT | 31 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards - UNO 4:00 Sit Down Dancing What do ghosts eat for supper? Spooketti! 😊 |  |  | TRIPS 2 nd Walgreens 3 rd Dollar General 12 th Oak Tree Opry 14 th Gospel Night 14 th Haunted Village 16 th Jefferson Casino/Deals 19 th Madison County 28 th Dance at Raccoon Ridge |

The Gardens Life Enrichment Calendar – October 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|---|
|  | <p>1</p> <p>9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack (Homemade cookies) 4:00 Music in Motion</p> | <p>2</p> <p>Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 3:00 Resident Meeting 4:00 Music in Motion</p> | <p>3 SENIOR DENTAL</p> <p>8:45 Walking Club 9:00 Music Speaks 10:00 Pet Therapy 11:00 Puppy Playtime 2:00 Fill Bird Feeders 2:30 Birthday Party for 4:00 Music in Motion</p> | <p>4</p> <p>Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Scenic Drive 11:00 Sit Down Dancing 1:00 Side by Side (Music) 3:00 Social Hour 4:00 Music in Motion</p> | <p>5 GRIEF COUNSELOR</p> <p>8:45 Fill Bird Baths 9:30 Therapy Dog 10:00 Word Search 11:00 Sit Down Dancing 2:00 Bingo 3:00 Snack 4:00 Music in Motion</p> | <p>6</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p> |
| <p>7</p> <p>8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p> | <p>8</p> <p>9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack 4:00 Music in Motion</p> | <p>9</p> <p>Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 3:00 Resident Meeting 4:00 Music in Motion</p> | <p>10</p> <p>9:00 Music Speaks 10:00 Pet Therapy 11:00 Puppy Playtime 1:00 Balance Exercises 2:00 Fill Bird Feeders 3:00 Snack 4:00 Music in Motion</p> | <p>11</p> <p>Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion PODIATRIST COMES TODAY</p> | <p>12</p> <p>8:45 Fill Bird Baths 9:30 Therapy Dog - Sadie 11:00 Sit Down Dancing 2:00 Bingo 3:00 Snack 4:00 Music in Motion</p> | <p>13</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p> |
| <p>14</p> <p>8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion 5:00 Gospel Night at The First Christian Church</p> | <p>15</p> <p>9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents Choice 3:15 Snack 4:00 Music in Motion</p> | <p>16</p> <p>Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 2:00 Word Games 3:00 Snack 4:00 Music in Motion</p> | <p>17</p> <p>8:45 Walking Club 9:00 Music Speaks 10:00 Pet Therapy 11:00 Sit Down Dancing 11:00 Puppy Playtime 2:00 Fill Bird Feeders 3:00 Snack 4:00 Music in Motion</p> | <p>18</p> <p>Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p> | <p>19</p> <p>8:45 Fill Bird Baths 9:30 Bingo 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 3:00 Snack 4:00 Music in Motion</p> | <p>20</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p> |
| <p>21</p> <p>8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p> | <p>22</p> <p>9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack 4:00 Music in Motion</p> | <p>23</p> <p>Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion</p> | <p>24</p> <p>8:45 Walking Club 9:00 Music Speaks 10:00 Pet Therapy 11:00 Puppy Playtime 2:00 Fill Bird Feeders 3:00 Snack 4:00 Music in Motion</p> | <p>25</p> <p>Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Music with Gary Freeland 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p> | <p>26</p> <p>8:00 Breakfast on the beach 8:45 Fill Bird Baths 9:30 Therapy Dog 11:00 Sit Down Dancing 2:00 Bingo 3:00 Snack 4:00 Music in Motion</p> | <p>27</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p> |
| <p>28</p> <p>8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p> | <p>29</p> <p>9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack 4:00 Music in Motion</p> | <p>30 Beggar's Night 5-7</p> <p>Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion</p> | <p>31</p> <p>8:45 Walking Club 9:00 Music Speaks 10:00 Pet Therapy 11:00 Puppy Playtime 2:00 Outing on the town 3:00 Snack 4:00 Music in Motion</p> | |  | |