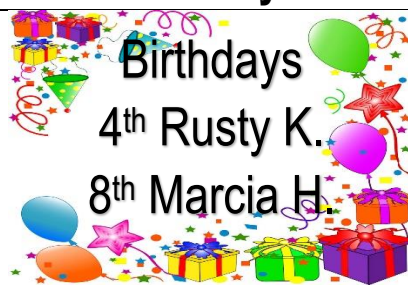



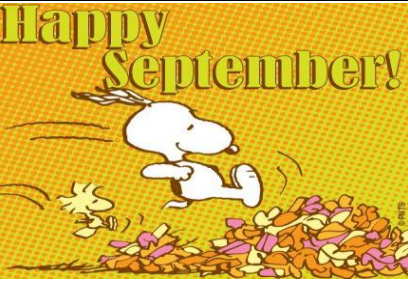



Life Enrichment Calendar –September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Birthdays 4th Rusty K. 8th Marcia H.</p>	<p>LABOR DAY</p> 	<p>TRIPS THIS MONTH 4TH Walgreens & Dollar Tree 18th Trip to Panora 19th Scenic Drive 24th Trip to Walmart 26th Trip to Carroll for shopping and lunch 30TH Dance at Raccoon Ridge</p>	<p>Sept</p> 	<p>SPECIALS THIS MONTH 1ST Guthrie County Parade 5th Birthday Party for September 6th Entertainment 8th Iowa vs Iowa State Game 12th Entertainment 15th Barn Dance 27th Entertainment</p>		<p>1 9:00 Guthrie County Fair Parade 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>2 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>3 Place Orders for Groceries LABOR DAY 9:00 Men's Coffee 10:00 Word Games 11:00 Walking Club 11:00 Music in Motion 1:00 Cards – Resident's Choice 4:00 Sit Down Dancing</p>	<p>4 Happy Birthday Rusty! Hometown Foods Delivery Day 9:00 Live 2 B Healthy 10:00 Church 11:00 Music in Motion 12:30 Trip to Walgreens/Dollar Tree 1:00 Bible study 3:00 Resident Meeting 4:00 Sit Down Dancing</p>	<p>5 9:00 Make Football Pennants 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 1:00 Balance Exercises 2:30 Birthday Party for Sept. 4:00 Sit Down Dancing</p>	<p>6 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Game – Dominoes (C.F.) 11:00 Music in Motion 1:00 Gustafsons - Entertainment 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>7 9:00 Therapy Dog-Sadie 10:00 Sequence & Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing 4:30 Supper at Lucky Pig-Ogden</p>	<p>8 Happy Birthday Marcia! 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 4:00 Iowa vs. Iowa State Football game & tailgate supper 7:00 Lawrence Welk</p>
<p>9 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing 5:00 Gospel Night – First Christian Church</p>	<p>10 WEAR YOUR FAVORITE FOOTBALL TEAM COLORS/SHIRT Place Orders for Groceries 9:00 Men's Coffee 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing</p>	<p>11 PATRIOT DAY! WEAR RED, WHITE AND BLUE Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing</p>	<p>12 WEAR YOUR FAVORITE HAT 10:00 Jerry Michael-Entertainment 11:00 Puppy Playtime 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards - UNO 4:00 Sit Down Dancing</p>	<p>13 PICTURE DAY PODIATRIST HERE TODAY. 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Game – Dominoes (M.T.) 11:00 Music in Motion 1:00 Cards-Mr. Wilson 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>14 TWIN DAY (DRESS ALIKE) 10:00 Sequence & Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>15 DRESS IN COUNTRY WESTERN CLOTHES 10:00 Quilt Show 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 5:00 Country Supper 6:00-9:00 Barn Dance 7:00 Lawrence Welk</p>
<p>16 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>17 Place Orders for Groceries 9:00 Men's Coffee 10:00 BINGO 11:00 Music in Motion 1:00 Balance Exercises 1:30 Cribbage 3:00 Tech-Support with Amanda 4:00 Sit Down Dancing</p>	<p>18 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 3:00 Trip to Panora 4:00 Sit Down Dancing</p>	<p>19 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 1:00 Balance Exercises 2:00 Scenic Drive 4:00 Sit Down Dancing 5:30 Community Dinner (FBC)</p>	<p>20 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 1:00 Cards-Mr. Wilson 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>21 VITALS CLINIC TODAY 8:30 Sequence & Board Games 10:00 Brunch on the Beach 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>22 FIRST DAY OF FALL 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>23 11:00 Walking & Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing 30 11:00 Walking & Music in Motion 2-5 Dance at Raccoon Ridge 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>24 Place Orders for Groceries 9:00 Men's Coffee 9:45 Music 10:00 BINGO 11:00 Music in Motion 1:00 Trip to Walmart 4:00 Sit Down Dancing</p>	<p>25 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 11:00 Picnic on the Beach 1:00 Bible study 4:00 Sit Down Dancing</p>	<p>26 8:00 Shopping/Lunch in Carroll 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 2:00 Cards - UNO 4:00 Sit Down Dancing</p>	<p>27 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Game – Dominoes (C.F.) 11:00 Music in Motion 1:00 Golden Oldies (Entertainment) 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>28 9:00 Therapy Dog-Carmel 10:00 Sequence & Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>29 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>

The Gardens Life Enrichment Calendar – September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>HAPPY BIRTHDAY 4TH RUSTY</p>		 <p>Happy September!</p>		 <p>IT'S FALL Y'ALL</p>	<p>1 8:45 Walking Club 10:00 Guthrie County Fair Parade 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>2 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p>	<p>3 LABOR DAY 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack 4:00 Music in Motion</p>	<p>4 HAPPY BIRTHDAY RUSTY!!! Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 2:00 Football crafts 4:00 Music in Motion</p>	<p>5 8:45 Walking Club 9:00 Music Speaks 11:00 Puppy Playtime 1:00 Balance Exercises 2:30 Birthday Party for September 4:00 Music in Motion</p>	<p>6 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 1:00 Gustafsons- Entertainment 3:00 Social Hour 4:00 Music in Motion</p>	<p>7 8:45 Fill Bird Baths 9:00 Therapy Dog 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>8 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Iowa vs. Iowa State Football & Tailgate Supper 7:00 Lawrence Welk</p>
<p>9 GRANDPARENTS DAY 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p>	<p>10 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents Choice 3:15 Snack 4:00 Music in Motion</p> <p>SPORTS DAY</p>	<p>11 PATRIOT DAY Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 2:00 Word Games 4:00 Music in Motion</p> <p>WEAR RED, WHITE, AND BLUE</p>	<p>12 8:45 Walking Club 9:00 Music Speaks 10:00 Jerry Michael- Entertainment 11:00 Sit Down Dancing 11:00 Puppy Playtime 2:00 Fill Bird Feeders 4:00 Music in Motion</p> <p>HAT DAY</p>	<p>13 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p> <p>PODIATRIST COMES TODAY CAPTURE THE MOMENT</p>	<p>14 8:45 Fill Bird Baths 9:30 Word Games 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion</p> <p>TWIN DAY</p>	<p>15 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p> <p>COUNTRY WESTERN DAY</p>
<p>16 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p>	<p>17 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack 4:00 Music in Motion</p>	<p>18 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion</p>	<p>19 8:45 Walking Club 9:00 Music Speaks 10:00 Sit Down Dancing 11:00 Puppy Playtime 2:00 Fill Bird Feeders 4:00 Music in Motion</p>	<p>20 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Craft 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p>	<p>21 8:45 Fill Bird Baths 9:30 Spin Art 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>22 FIRST DAY OF FALL 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>23 & 30th 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p>	<p>24 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack 4:00 Music in Motion</p>	<p>25 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion</p>	<p>26 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 11:00 Puppy Playtime 2:00 Fill Bird Feeders 4:00 Music in Motion</p>	<p>27 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 1:00 Golden Oldies - Entertainment 3:00 Social Hour 4:00 Music in Motion</p>	<p>28 8:45 Fill Bird Baths 9:30 Therapy dog 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>29 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>