





Life Enrichment Calendar – June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>HAPPY FATHER'S DAY <small>WTT</small> <small>live blog</small></p>	<p>BIRTHDAYS</p> <p>9TH Roberta M. 10TH Betta Jean C. 15TH Jan F. 30TH Ann W.</p>		<p>TRIPS</p> <p>6th Dollar General 10th Gospel Night 11th Iowa Cubs Baseball 13th Scenic Drives 18th Trip to Town 20th Pontoon Rides 22nd Des Moines Music Fest 25th Trip to Walmart 27th Trip to Johnston</p>		<p>1</p> <p>9:00 Therapy Dog-Sadie 10:00 Sequence/Board Games 11:00 Walking Club 11:00 Music in Motion 1:00 Miracle Ear 4:00 Sit Down Dancing</p>	<p>2</p> <p>11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>3</p> <p>11:00 Walking Club 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>4 Place Orders for Groceries 9:00 Men's Coffee 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Cribbage 4:00 Sit Down Dancing</p>	<p>5 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 3:00 Cards - Kings in the Corner 4:00 Sit Down Dancing MASSAGE THERAPIST TODAY</p>	<p>6</p> <p>9:00 Trip to Dollar General 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 1:00 Balance Exercises 2:30 Birthday Party for June 4:00 Sit Down Dancing</p>	<p>7</p> <p>9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes 11:00 Music in Motion 11:00 Walking Club 1:00 Cards- Mr. Wilson 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>8</p> <p>10:00 Sequence/Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p> <p>GARAGE SALE 3:00-8:00</p>	<p>9 HAPPY BIRTHDAY ROBERTA</p> <p>11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p> <p>GARAGE SALE 8:00-3:00</p>
<p>10 HAPPY BIRTHDAY BETTA</p> <p>11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing 5:00 Gospel Night – First Christian Church</p>	<p>11 (Place Orders for Groceries) 9:00 Men's Coffee 10:00 BINGO 10:30 Iowa Cubs Game & Lunch 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing</p>	<p>12 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 10:00 Meeting with Allen & Allison 11:00 Music in Motion 1:00 Bible study 3:00 Cards - Kings in the Corner 4:00 Sit Down Dancing</p>	<p>13 Scenic Drive Today! 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 2:00 Cards - UNO 4:00 Sit Down Dancing</p>	<p>14 FLAG DAY-(Dress patriotically) PODIATRIST COMES TODAY 9:00 Live 2 B Healthy 10:00 Dominoes 11:00 Walking Club 11:00 Music in Motion 1:00 Cards – Mr. Wilson 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>15 HAPPY BIRTHDAY JAN VITALS CLINIC TODAY 10:00 Sequence/Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>16</p> <p>11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>17 HAPPY FATHER'S DAY!!</p> <p>11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>18 Place Orders for Groceries 9:00 Men's Coffee 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 12:30 Trip to Town 1:30 Cribbage 4:00 Sit Down Dancing</p>	<p>19 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 10:00 Church 11:00 Music in Motion 1:00 Bible study 3:00 Cards - Kings in the Corner 4:00 Sit Down Dancing</p>	<p>20 Pontoon Rides Today! 10:00 Rummikub 11:00 Puppy Playtime 11:00 Music in Motion 2:00 Cards - UNO 4:00 Sit Down Dancing Sun Screen, Sun Glasses, Hat, & light jacket for boat ride!</p>	<p>21 FIRST DAY OF SUMMER 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes 11:00 Music in Motion 1:00 Golden Oldies (Entertainment) 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>22</p> <p>9:00 Therapy Dog 10:00 Sequence/Board Games 11:00 Walking Club 11:00 Music in Motion 12:00 Des Moines Music Fest 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>23</p> <p>11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>24</p> <p>11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>25 Place Orders for Groceries 9:00 Men's Coffee 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 12:30 Trip to Walmart 4:00 Sit Down Dancing</p>	<p>26 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 3:00 Cards - Kings in the Corner 4:00 Sit Down Dancing</p>	<p>27</p> <p>9:00 Trip to Johnston & Lunch 10:00 Cards – Resident's Choice 11:00 Puppy Playtime 11:00 Music in Motion 2:00 Cards - UNO 4:00 Sit Down Dancing</p>	<p>28</p> <p>9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes 11:00 Music in Motion 1:00 Mr. Wilson 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>29</p> <p>10:00 Sequence/Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>30 HAPPY BIRTHDAY ANN</p> <p>11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>

The Gardens Life Enrichment Calendar – JUNE 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
8 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion	9 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 3:15 Snack 4:00 Music in Motion	8 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	9 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 11:00 Puppy Playtime 1:00 Balance Exercises 2:30 Birthday Party for June 4:00 Music in Motion	10 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion PODIATRIST COMES TODAY	11 8:45 Fill Bird Baths 9:30 Busy Baskets 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion	2 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk
10 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion 5:00 Gospel Night at The First Christian Church	11 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents Choice 3:15 Snack 4:00 Music in Motion	12 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 10:00 Meet with Senior Housing 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	13 Scenic Drive Today 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 11:00 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion	14 FLAG DAY (Dress Patriotically) Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion	15 8:45 Fill Bird Baths 9:30 Busy Baskets 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion	16 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk
17 HAPPY FATHER'S DAY 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion	18 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack 4:00 Music in Motion	19 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	20 Pontoon Rides Today 8:45 Walking Club 9:00 Music Speaks 10:00 Sit Down Dancing 11:00 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion	21 FIRST DAY OF SUMMER Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:30 Board Games / Cards 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion	22 8:45 Fill Bird Baths 9:30 Therapy Dog - Keysa 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion	23 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk
24 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion	25 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack 4:00 Music in Motion	26 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	27 8:45 Walking Club 9:00 Music Speaks 10:00 Sit Down Dancing 11:00 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion	28 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion	29 8:45 Fill Bird Baths 9:30 Busy Baskets 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion	30 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk