




# Life Enrichment Calendar – May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>BIRTHDAYS</b>  <b>22<sup>nd</sup> Dale G.</b>	<b>1 Hometown Foods Delivery Day</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 12:15 May Day with 1 <sup>st</sup> Graders 1:00 Bible study 3:00 Assemble Gifts for Staff 4:00 Sit Down Dancing	<b>2</b> 9:00 Trip to Dollar General 10:00 Cards - UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Puppy Playtime 2:30 Birthday Party for May 4:00 Sit Down Dancing	<b>3</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments & Hymns 10:00 Game - Dominoes 11:00 Music in Motion 12:45-School Reading Buddies 3:00 Happy Hour 4:00 Sit Down Dancing	<b>4</b> 9:00 Therapy Dog-Sadie 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	<b>5</b> 11:00 Walking Club 11:00 Music in Motion 1:00 50 <sup>th</sup> Anniversary Open House at G.C. Historical Museum 3:00 Sit Down Dancing 7:00 Lawrence Welk
<b>6</b> 11:00 Walking Club 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing	<b>7 Place Orders for Groceries</b> 9:00 Men's Coffee 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Cribbage 4:00 Sit Down Dancing	<b>8 Hometown Foods Delivery Day</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 3:00 Resident Meeting 4:00 Sit Down Dancing	<b>9</b> 10:00 Music with Jerry Michael 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Rummikub 4:00 Sit Down Dancing	<b>10 Podiatrist Comes Today</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments & Hymns 10:00 Game - Dominoes 11:00 Music in Motion 11:00 Walking Club 1:00 Cards – Mr. Wilson 3:00 Happy Hour 4:00 Sit Down Dancing	<b>11</b> 8:30 Trip to Reiman Gardens & lunch in Ames 10:00 Games 11:00 Walking Club 11:00 Music in Motion 1:00 Wii Bowling 2:30 Mother's Day Tea 4:00 Sit Down Dancing	<b>12</b> 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk
<b>13</b> 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing <b>5:00 Gospel Night – First Christian Church</b>	<b>14 Place Orders for Groceries</b> 9:00 Men's Coffee 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 11:30-5:30 Bloodmobile 1:00 Balance Exercises 1:30 Cribbage 4:00 Sit Down Dancing	<b>15 Hometown Foods Delivery Day</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 3:00 Cards – Kings in the Corner 4:00 Sit Down Dancing	<b>16</b> 10:00 Cards - UNO 11:00 Walking Club 11:00 Music in Motion 12:30 Scenic Drive 1:30 Puppy Playtime 2:00 Rummikub 4:00 Sit Down Dancing	<b>17</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments & Hymns 10:00 Game – Dominoes 11:00 Walking Club 11:00 Music in Motion 12:45-School Reading Buddies 3:00 Happy Hour 4:00 Sit Down Dancing	<b>18 VITALS CLINIC</b> 9:00 Therapy Dog Keysa or Jenni 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	<b>19</b> 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk
<b>20</b> 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing	<b>21 Place Orders for Groceries</b> 9:00 Men's Coffee 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:30 Activity with AC/GC Students 2:00 Cribbage 4:00 Sit Down Dancing	<b>22 HAPPY BIRTHDAY DALE</b> <b>Hometown Foods Delivery Day</b> <b>9:00 Live 2 B Healthy</b> 10:00 Church 10:45 Trip to Van Meter for Lunch 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing	<b>23</b> 9:00 Trip To Town 10:00 Cards – UNO 11:00 Music in Motion 1:30 Puppy Playtime 2:00 Rummikub 4:00 Sit Down Dancing	<b>24</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments & Hymns 10:00 Game - Dominoes 11:00 Music in Motion 1:00 Cards – Mr. Wilson 3:00 Happy Hour 4:00 Sit Down Dancing	<b>25</b> 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	<b>26</b> 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk
<b>27</b> 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing	<b>28 MEMORIAL DAY OBSERVED</b> <b>Place Orders for Groceries</b> 9:00 Men's Coffee 10:00 Word Games 11:00 Walking Club 11:00 Music in Motion 1:00 Cards – Residents Choice 4:00 Sit Down Dancing	<b>29 Hometown Foods Delivery Day</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing	<b>30</b> 8:30 Trip to Walmart 10:00 Cards - UNO 11:00 Music in Motion 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Rummikub 4:00 Sit Down Dancing	<b>31</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments & Hymns 10:00 Game - Dominoes 11:00 Music in Motion 1:00 Cards – Mr. Wilson 3:00 Happy Hour 4:00 Sit Down Dancing		

# The Gardens Life Enrichment Calendar –MAY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments &amp; Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion</p>	<p>2 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 1:30 Puppy Playtime 4:00 Music in Motion</p>	<p>3 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 11:00 Sit Down Dancing 11:15 Puzzle Time 3:00 Social Hour 4:00 Music in Motion</p>	<p>4 8:45 Walking Club 9:30 Therapy Dog 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>5 8:45 Walking Club 11:00 Sit Down Dancing 1:00 Trip to G.C. Historical Museum 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>8 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>9 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 3:15 Snack 4:00 Music in Motion</p>	<p>8 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments &amp; Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion</p>	<p>9 8:45 Walking Club 9:00 Music Speaks 10:00 Music with Jerry Michael 11:00 Sit Down Dancing 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion</p>	<p>10 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion PODIATRIST COMES TODAY</p>	<p>11 8:45 Walking Club 9:30 Busy Baskets 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>12 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>13 HAPPY MOTHER'S DAY 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion 5:00 Gospel Night at The First Christian Church</p>	<p>14 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 3:15 Snack 4:00 Music in Motion</p>	<p>15 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments &amp; Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion</p>	<p>16 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 12:30 Scenic Drive 1:30 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion</p>	<p>17 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p>	<p>18 8:45 Walking Club 9:30 Therapy Dog 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>19 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>20 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>21 9:00 Men's Coffee 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 3:15 Snack 4:00 Music in Motion</p>	<p>22 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments &amp; Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion</p>	<p>23 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion</p>	<p>24 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:30 Board Games / Cards 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p>	<p>25 8:45 Walking Club 9:30 Busy Baskets 11:00 Sit Down Dancing 11:15 Arrange Flowers 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>26 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>27 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>28 MEMORIAL DAY OBSERVED 9:00 Men's Coffee 9:45 Word Games 11:00 Sit Down Dancing 1:00 Games – Residents choice 3:15 Snack 4:00 Music in Motion</p>	<p>29 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments &amp; Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion</p>	<p>30 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion</p>	<p>31 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p>	