

Life Enrichment Calendar – January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 HAPPY NEW YEAR!!! Place Orders for Groceries 9:00 Pool 8-Ball 11:00 Walking Club 11:00 Music in Motion 1:00 Adult Coloring 2:00 Word Games 4:00 Sit Down Dancing</p>	<p>2 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 10:30 Walgreens 11:00 Music in Motion 1:00 Bible study 2:00 Sit and Knit 4:00 Sit Down Dancing</p>	<p>3 9:00 Trip to Dollar General 10:00 Cards - UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Puppy Playtime 2:30 Birthday Party for January 4:00 Sit Down Dancing</p>	<p>4 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Game - Dominoes 11:00 Music in Motion 12:45 School Reading Buddies 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>5 9:00 Therapy Dog 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>6 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>7 11:00 Walking Club 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>8 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cribbage 4:00 Sit Down Dancing</p>	<p>9 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 2:00 Sit and Knit 2:00 Trip to Panora 4:00 Sit Down Dancing</p>	<p>10 10:00 Music with Jerry Michael 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Rummikub 4:00 Sit Down Dancing</p>	<p>11 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Game - Dominoes 11:00 Music in Motion 11:00 Walking Club 1:00 Kings in the Corner 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>12 9:00 Therapy Dog 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>13 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>14 DOROTHY S. 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing 5:00 Gospel Night – First Christian Church</p>	<p>15 MARTIN LUTHER KING DAY (NO MAIL DELIVERY TODAY) Place Orders for Groceries) 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:30 Activity with AC/GC Students 4:00 Sit Down Dancing</p>	<p>16 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 2:00 Sit and Knit 3:00 Resident Meeting 4:00 Sit Down Dancing</p>	<p>17 10:00 Cards - UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Rummikub 4:00 Sit Down Dancing</p>	<p>18 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Game – Dominoes 11:00 Walking Club 11:00 Music in Motion 12:45 School Reading Buddies 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>19 DIANE C. & DWAYNE F. 9:00 Therapy Dog 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing 4:30 Supper at Just Ethels</p>	<p>20 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>21 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>22 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cribbage 4:00 Sit Down Dancing</p>	<p>23 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 2:00 Sit and Knit 4:00 Sit Down Dancing</p>	<p>24 10:00 Cards - UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Rummikub 4:00 Sit Down Dancing</p>	<p>25 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Game - Dominoes 11:00 Music in Motion 1:00 Kings in the Corner 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>26 AYLEEN S. 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>27 CAROLE C. 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>28 11:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>29 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 12:30 Trip to Wal-Mart or Shopko 2:00 Cribbage 4:00 Sit Down Dancing</p>	<p>30 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible study 2:00 Sit and Knit 4:00 Sit Down Dancing</p>	<p>31 10:00 Cards - UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Rummikub 4:00 Sit Down Dancing</p>		<p>BIRTHDAYS</p> <p>14th Dorothy S. 19th Diane C. 19th Dwayne F. 26th Ayleen S. 27th Carole C.</p>	

The Gardens Life Enrichment Calendar – JANUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NEW YEAR'S DAY 8:45 Walking Club 10:00 Monday Morning Music (CD) And Coffee 11:00 Sit Down Dancing 1:00 Word Games 3:15 Snack 4:00 Music in Motion	2 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	3 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 1:30 Puppy Playtime 2:30 Birthday Party for January 4:00 Music in Motion	4 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 11:15 Puzzle Time 3:00 Social Hour 4:00 Music in Motion	5 8:45 Walking Club 9:30 Therapy Dog 10:00 Arrange Flowers 11:00 Sit Down Dancing 2:00 Adult Coloring 4:00 Music in Motion	6 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk
7 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion	8 8:45 Walking Club 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 3:15 Snack 4:00 Music in Motion	9 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 3:30 Resident Meeting 4:00 Music in Motion	10 8:45 Walking Club 9:00 Music Speaks 10:00 Music with Jerry Michael 11:00 Sit Down Dancing 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion	11 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion PODIATRIST COMES TODAY	12 8:45 Walking Club 9:30 Therapy Dog 10:00 Arrange Flowers 11:00 Sit Down Dancing 2:00 Adult Coloring 4:00 Music in Motion	13 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk
14 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion 5:00 Gospel Night at the 1 st Christian Church	15 MARTIN LUTHER KING DAY 8:45 Walking Club 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 3:15 Snack 4:00 Music in Motion	16 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	17 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion	18 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion	19 8:45 Walking Club 9:30 Therapy Dog 10:00 Arrange Flowers 11:00 Sit Down Dancing 2:00 Adult Coloring 4:00 Music in Motion	20 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk
21 8:45 Walking Club 9:30 Church on DVD/TV 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion	22 8:45 Walking Club 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 3:15 Snack 4:00 Music in Motion	23 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	24 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 1:30 Puppy Playtime 2:00 Movie Matinee 4:00 Music in Motion	25 Hair Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Hand Massage 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion	26 8:45 Walking Club 9:00 Puzzle Time 10:00 Arrange Flowers 11:00 Sit Down Dancing 2:00 Adult Coloring 4:00 Music in Motion	27 8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk
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