

Life Enrichment Calendar –September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BIRTHDAYS</p> <p>Marcia – 8th Dean – 13th Jerry – 20th Bill H. – 25th</p>		<p>SHOPPING TRIPS</p> <p>5TH – Walgreens 6th – Dollar General 18th – Panora 20th – Walmart</p>	<p>OTHER OUTINGS</p> <p>10th Gospel Night 12th Deal's Orchard & Lunch 15th Panora Library 27th G.C. Historical Museum 28th Scenic Drive & Lunch</p>	<p>SPECIALS</p> <p>6TH – BIRTHDAY PARTY 13TH MUSIC W/ JERRY MICHAEL 22ND – THERAPY DOG 25TH – AC/GC HS ACTIVITY 26TH – COFFEE WITH NANCY 29TH THERAPY DOG</p>	<p>1</p> <p>10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>2</p> <p>11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>3</p> <p>11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>4</p> <p>Place Orders for Groceries 10:00 Pool (8 Ball) 11:00 Walking Club 11:00 Music in Motion 1:00 Adult Coloring 2:00 Cards-Residents choice 4:00 Sit Down Dancing HAPPY LABOR DAY!!</p>	<p>5</p> <p>Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 12:30 Trip to Walgreens 1:00 Bible Study 2:30 Cribbage 4:00 Sit Down Dancing</p>	<p>6 ALZHEIMERS AWARENESS DAY – WEAR PURPLE</p> <p>9:00 Trip to Dollar General 10:30 Cards - UNO 11:00 Music in Motion 1:00 Balance Exercises 2:30 Birthday Party for Sept. 4:00 Sit Down Dancing</p>	<p>7</p> <p>9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes 11:00 Music in Motion 11:00 11:00 Walking Club 1:00 Game - Rummikub 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>8 HAPPY BIRTHDAY MARCIA H.</p> <p>10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>9</p> <p>11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>10</p> <p>11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing 5:00 pm Gospel Night – First Christian Church</p>	<p>11</p> <p>Place Orders for Groceries 9:45 Music 10:00 BINGO!! 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Bendominoes 4:00 Sit Down Dancing</p>	<p>12</p> <p>Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 10:45 Deal's Orchard and Lunch 11:00 Music in Motion 1:00 Bible Study 4:00 Sit Down Dancing</p>	<p>13 HAPPY BIRTHDAY DEAN C.</p> <p>10:00 Music with Jerry Michael 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards – Residents choice 3:00 Men's Coffee 4:00 Sit Down Dancing</p>	<p>14</p> <p>9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes 11:00 Music in Motion 11:00 Walking Club 1:00 Game - Rummikub 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>15</p> <p>10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 2:00 Panora Library Program 4:00 Sit Down Dancing</p>	<p>16</p> <p>11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>17</p> <p>11:00 Music in Motion 1:00 Get Moving Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>18</p> <p>Place Orders for Groceries 9:45 Music 10:00 BINGO!! 11:00 Walking Club 11:00 Music in Motion 1:30 Trip to Panora 4:00 Sit Down Dancing</p>	<p>19</p> <p>Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible Study 2:30 Cribbage 4:00 Sit Down Dancing</p>	<p>20 HAPPY BIRTHDAY JERRY C.</p> <p>8:30 Trip to WalMart & Scenic drive 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 4:00 Sit Down Dancing 6:30 Alzheimer's Caregivers Support Group</p>	<p>21</p> <p>9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Dominoes 11:00 Music in Motion 1:00 Game - Rummikub 3:00 Happy Hour 4:00 Sit Down Dancing</p>	<p>22</p> <p>9:00 Therapy Dog 9:30 Page Turners 10:00 Board Games 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>23</p> <p>11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>24</p> <p>11:00 Music in Motion 1:00 Get Moving Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing</p>	<p>25 HAPPY BIRTHDAY BILL H.</p> <p>Place Orders for Groceries 9:45 Music 10:00 BINGO!! 11:00 Walking Club 11:00 Music in Motion 1:30 AC/GC HS Activity & Snack 4:00 Sit Down Dancing</p>	<p>26</p> <p>Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments & Hymns 10:00 Church 11:00 Music in Motion 1:00 Bible Study 2:30 Coffee with Nancy</p>	<p>27</p> <p>9:00 Stitch & Chatter coffee hour 10:00 Cards - UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Guthrie Historical Museum 2:00 Cards – Kings in the Corner 4:00 Sit Down Dancing</p>	<p>28</p> <p>9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Scenic Drive & Lunch 10:00 Dominoes 11:00 Music in Motion 1:00 Game - Rummikub 3:00 Happy Hour</p>	<p>29</p> <p>9:00 Therapy Dog 9:30 Page Turners 10:00 Board Games 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>30</p> <p>11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>

		4:00 Sit Down Dancing		4:00 Sit Down Dancing		
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The Gardens Life Enrichment Calendar – SEPTEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>National Grandparents' Day</p>	 <p>Happy Labor Day!</p>	 <p><i>Good bye summer. Hello autumn.</i></p>	 <p>Happy September!</p>		<p>1 8:45 Walking Club 10:00 Memory 11:00 Sit Down Dancing 1:00 Corn Hole 3:00 Puzzle Time 4:00 Music in Motion</p>	<p>2 9:00 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>3 9:00 Walking Club 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p>	<p>4 HAPPY LABOR DAY!! 8:45 Walking Club 9:00 Monday Music (CD) 11:00 Sit Down Dancing 1:00 Games – Resident's choice 3:00 Adult Coloring 4:00 Music in Motion</p>	<p>5 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 12:30 Hymns (on CD) 4:00 Music in Motion</p>	<p>6 NATIONAL ALZHEIMERER'S AWARENESS DAY-WEAR PURPLE 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 2:30 Birthday Party for Sept. 4:00 Music in Motion</p>	<p>7 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Musical Memories 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p>	<p>8 8:45 Walking Club 10:00 Memory 11:00 Sit Down Dancing 1:00 Corn Hole 3:00 Puzzle Time 4:00 Music in Motion</p>	<p>9 9:00 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>10 NATIONAL GRANDPARENTS DAY 9:00 Walking Club 11:00 Music in Motion 2:00 Movie & Popcorn 4:00 Sit Down Dancing 5:00 Gospel Sing</p>	<p>11 8:45 Walking Club 9:45 Monday Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 4:00 Music in Motion</p>	<p>12 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 12:30 Hymns (on CD) 4:00 Music in Motion</p>	<p>13 8:45 Walking Club 9:00 Music Speaks 10:00 Music with Jerry Michael 11:00 Sit Down Dancing 1:00 Balance Exercises 2:00 Movie-Residents choice 4:00 Music in Motion</p>	<p>14 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cards & Board Games 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p>	<p>15 8:45 Walking Club 10:00 Memory 11:00 Sit Down Dancing 1:00 Corn Hole 2:00 Program at the Library 3:00 Puzzle Time 4:00 Music in Motion</p>	<p>16 9:00 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>17 9:00 Walking Club 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p>	<p>18 8:45 Walking Club 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 12:30 Scenic Drive 4:00 Music in Motion</p>	<p>19 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 12:30 Hymns (on CD) 3:30 Resident Meeting 4:00 Music in Motion</p>	<p>20 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 2:00 Movie-Residents choice 3:00 Music in Motion</p>	<p>21 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cards & Board Games 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p>	<p>22 FIRST DAY OF AUTUMN 8:45 Walking Club 9:30 Therapy Dog 10:00 Memory 11:00 Sit Down Dancing 1:00 Corn Hole 3:00 Puzzle Time 4:00 Music in Motion</p>	<p>23 9:00 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>24 9:00 Walking Club 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion</p>	<p>25 8:45 Walking Club 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:30 AC/GC HS Activity & Snack 4:00 Music in Motion</p>	<p>26 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 12:30 Hymns (on CD) 4:00 Music in Motion</p>	<p>27 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 2:00 Movie-Residents choice 4:00 Music in Motion</p>	<p>28 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cards & Board Games 11:00 Sit Down Dancing 3:00 Social Hour 4:00 Music in Motion</p>	<p>29 8:45 Walking Club 9:30 Therapy Dog 10:00 Memory 11:00 Sit Down Dancing 1:00 Corn Hole 3:00 Puzzle Time 4:00 Music in Motion</p>	<p>30 9:00 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>