






# Life Enrichment Calendar – March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BIRTHDAYS  1 <sup>st</sup> Francis K. 7 <sup>th</sup> Lorene S. 17 <sup>th</sup> Wendell M. 26 <sup>th</sup> Dot F. 27 <sup>th</sup> Connie W.		1 <b>Francis K. Birthday</b> <b>Ash Wednesday</b> 9:00 Trip to Dollar General 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:30 Birthday Party for March 4:00 Sit Down Dancing	2 <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes 11:00 Walking Club 11:00 Music in Motion 1:30-School Reading Buddies 4:00 Sit Down Dancing 4:00 Happy Hour	3 10:00 Game - Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	4 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
5 11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing	6 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards – Resident's Choice 4:00 Sit Down Dancing	7 Hometown Foods Delivery Day <b>Lorene S. Birthday</b> <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 1:00 Bible study 1:15 Scenic Drive 4:00 Sit Down Dancing	8 10:00 Music – Jerry Michaels 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Kings in the Corner 4:00 Sit Down Dancing	9 (PODIATRIST COMES TODAY) <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 4:00 Happy Hour	10 10:00 Game - Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	11 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
12 11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing <b>5:00 Gospel Night – First Christian Church</b> <b>DAY LIGHT SAVINGS TIME</b>	13 Place Orders for Groceries) 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards – Resident's Choice 4:00 Sit Down Dancing	14 Hometown Foods Delivery Day <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 1:00 Bible study 1:15 Scenic Drive 4:00 Sit Down Dancing	15 9:30 Resident Meeting 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Trip to Panora 2:00 Kings in the Corner 4:00 Sit Down Dancing	16 <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 11:00 Walking Club 1:30 School Reading Buddies 4:00 Sit Down Dancing 4:00 Happy Hour	17 <b>Wendell M. Birthday</b> 9:00 Therapy Dog - Jenni 10:00 Game - Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing <b>HAPPY ST. PATRICK'S DAY</b>	18 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
19 11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing	20 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:30 AC/GC Students-activity 2:00 Cards – Resident's Choice 4:00 Sit Down Dancing	21 Hometown Foods Delivery Day <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 1:00 Bible study 1:15 Scenic Drive 4:00 Sit Down Dancing	22 9:00 Scenic Drive to Grimes 10:00 Shopping at Walmart 11:00 Lunch at McDonalds 11:00 Walking Club 11:00 Music in Motion 2:00 Kings in the Corner 4:00 Sit Down Dancing	23 <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 4:00 Sit Down Dancing 4:00 Happy Hour	24 9:00 Therapy Dog - Carmel 10:00 Game - Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	25 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
26 <b>Dot F. Birthday</b> 11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing	27 Place Orders for Groceries <b>Connie W. Birthday</b> 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards – Resident's Choice 4:00 Sit Down Dancing	28 Hometown Foods Delivery Day <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 1:00 Bible study 1:15 Scenic Drive 4:00 Sit Down Dancing	29 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Kings in the Corner 4:00 Sit Down Dancing	30 <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominos 11:00 Music in Motion 11:00 Walking Club 4:00 Sit Down Dancing 4:00 Happy Hour	31 10:00 Game – Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	TRIPS THIS MONTH 1 <sup>st</sup> Dollar General 12 <sup>th</sup> Gospel Night 15 <sup>th</sup> Trip to Panora 22 <sup>nd</sup> Wal Mart <b>All trips are still weather permitting. Snow date for Wal-Mart will be the 29<sup>th</sup>.</b>

# The Gardens Life Enrichment Calendar – March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:45 Walking Club <b>9:00 Music Speaks</b> 10:00 Hand Massage 11:00 Sit Down Dancing 1:45 March Crossword 2:30 Birthday Party for March 4:00 Music in Motion	2 Hair Day <b>9:00 Live 2 B Healthy</b> 9:15 Trivia Time! 9:45 Meditation Moments 10:30 Cards / Board Games 11:00 Sit Down Dancing 4:00 Music in Motion	3 8:30 Morning News Chat 8:45 Walking Club 10:00 Adult Coloring 11:00 Sit Down Dancing 12:15 Buckets and Balls 4:00 Music in Motion	4 8:45 Walking Club 11:00 Sit Down Dancing 1:00 Check Bird Feeders 4:00 Music in Motion 7:00 Lawrence Welk
5 8:45 Walking Club 9:30 Church on DVD 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion	6 8:45 Walking Club 9:15 Reminisce - pets 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 2:15 Snack 4:00 Music in Motion	7 <b>9:00 Live 2 B Healthy</b> 9:15 Morning Devotion & Hymn 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 1:15 Scenic Drive 4:00 Music in Motion	8 8:45 Walking Club <b>9:00 Music Speaks</b> 10:00 Hand Massage 11:00 Sit Down Dancing 2:45 March Word Search 3:00 Board Games / Cards 4:00 Music in Motion	9 Hair Day <b>9:00 Live 2 B Healthy</b> 9:15 Trivia Time! 9:45 Meditation Moments 10:30 Cards / Board Games 11:00 Sit Down Dancing 4:00 Music in Motion (PODIATRIST COMES TODAY)	10 8:30 Morning News Chat 8:45 Walking Club 10:00 Adult Coloring 11:00 Sit Down Dancing 12:15 Corn Hole 4:00 Music in Motion	11 8:45 Walking Club 11:00 Sit Down Dancing 1:00 Check Bird Baths 4:00 Music in Motion 7:00 Lawrence Welk
<b>12 DAYLIGHT SAVINGS TIME!</b> 8:45 Walking Club 9:30 Church on DVD 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion 5:00 Gospel Night - First Christian Church	13 8:45 Walking Club 9:15 Reminisce - jobs 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 2:15 Snack 4:00 Music in Motion	14 <b>9:00 Live 2 B Healthy</b> 9:15 Morning Devotion & Hymn 9:15 Spring Word Search 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 1:15 Scenic Drive 4:00 Music in Motion	15 8:45 Walking Club <b>9:00 Music Speaks</b> 9:30 Resident Meeting 10:00 Hand Massage 11:00 Sit Down Dancing 2:45 March Hidden Words 3:00 Board Games / Cards 4:00 Music in Motion	16 Hair Day <b>9:00 Live 2 B Healthy</b> 9:15 Trivia Time! 9:45 Meditation Moments 10:30 Cards / Board Games 11:00 Sit Down Dancing 4:00 Music in Motion	17 8:30 Morning News Chat 8:45 Walking Club 9:30 Therapy Dog - Jenni 10:00 Adult Coloring 11:00 Sit Down Dancing 12:15 Lucky Leprechauns 4:00 Music in Motion <b>HAPPY ST. PATRICK'S DAY!</b>	18 8:45 Walking Club 11:00 Sit Down Dancing 1:00 Check Bird Feeders 4:00 Music in Motion 7:00 Lawrence Welk
19 8:45 Walking Club 9:30 Church on DVD 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion	20 8:45 Walking Club 9:15 Reminisce – spring activities 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 2:15 Snack 4:00 Music in Motion	21 <b>9:00 Live 2 B Healthy</b> 9:15 Morning Devotion & Hymn 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 1:15 Scenic Drive 4:00 Music in Motion	22 8:45 Walking Club <b>9:00 Music Speaks</b> 10:00 Hand Massage 11:00 Sit Down Dancing 2:45 March Adult Coloring page 3:00 Board Games / Cards 4:00 Music in Motion	23 Hair Day <b>9:00 Live 2 B Healthy</b> 9:15 Trivia Time! 9:45 Meditation Moments 10:30 Cards / Board Games 11:00 Sit Down Dancing 4:00 Music in Motion	24 8:30 Morning News Chat 8:45 Walking Club 9:30 Therapy Dog - Carmel 10:00 Adult Coloring 11:00 Sit Down Dancing 12:15 Balloon Toss 4:00 Music in Motion	25 8:45 Walking Club 11:00 Sit Down Dancing 1:00 Check Bird Baths 4:00 Music in Motion 7:00 Lawrence Welk
26 8:45 Walking Club 9:30 Church on DVD 11:00 Sit Down Dancing 2:00 Movie & Popcorn 4:00 Music in Motion	27 8:45 Walking Club 9:15 Reminisce - gardens 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 2:15 Snack 4:00 Music in Motion	28 <b>9:00 Live 2 B Healthy</b> 9:15 Morning Devotion & Hymn 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 1:15 Scenic Drive 4:00 Music in Motion	29 8:45 Walking Club <b>9:00 Music Speaks</b> 10:00 Hand Massage 11:00 Sit Down Dancing 2:45 March crossword puzzle 3:00 Board Games / Cards 4:00 Music in Motion	30 Hair Day <b>9:00 Live 2 B Healthy</b> 9:15 Trivia Time! 9:45 Meditation Moments 10:30 Cards / Board Games 11:00 Sit Down Dancing 4:00 Music in Motion	31 8:30 Morning News Chat 8:45 Walking Club 10:00 Adult Coloring 11:00 Sit Down Dancing 12:15 Buckets and Balls 4:00 Music in Motion	