




# Life Enrichment Calendar – February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BIRTHDAYS</p> <p>Leland V. 4<sup>th</sup> Eileen P. 14<sup>th</sup> Lila K. 25<sup>th</sup></p>			<p>1 9:00 Trip to Dollar General 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:30 Birthday Party for Feb. 4:00 Sit Down Dancing</p>	<p>2 <b>GROUNDHOG DAY</b> 9:00 <b>Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 1:15 <b>School Reading Buddies</b> 4:00 Sit Down Dancing 4:00 Happy Hour</p>	<p>3 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>4 <b>Leland V. Birthday</b> 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>5 11:00 Walking Club 11:00 Music in Motion 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing 5:30 Super Bowl Party</p> <p><b>SUPER BOWL SUNDAY!</b></p>	<p>6 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 4:00 Sit Down Dancing</p>	<p>7 Hometown Foods Delivery Day 9:00 <b>Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 1:00 Bible study 2:00 Trip to Walgreens 4:00 Sit Down Dancing</p>	<p>8 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 February Word Games 4:00 Sit Down Dancing</p>	<p>9 9:00 <b>Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 11:00 Walking Club 4:00 Sit Down Dancing 4:00 Happy Hour <b>(PODIATRIST comes today)</b></p>	<p>10 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>11 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>12 <b>Paul Bunyan Day &amp; Lincoln's Birthday</b> 11:00 Walking Club 11:00 Music in Motion 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing 5:00 <b>Gospel Night – First Christian Church</b></p>	<p>13 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 4:00 Sit Down Dancing</p>	<p>14 Hometown Foods Delivery Day <b>Eileen P. Birthday</b> 9:00 <b>Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 1:00 Bible study 2:30 <b>Valentines Party</b> 4:00 Sit Down Dancing</p>	<p>15 9:30 Resident Meeting 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Trip to Panora 4:00 Sit Down Dancing</p>	<p>16 9:00 <b>Live 2 B Healthy</b> 10:00 Music with Bill Tillman 11:00 Music in Motion 11:00 Walking Club 1:15 <b>School Reading Buddies</b> 4:00 Sit Down Dancing 4:00 Happy Hour</p>	<p>17 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>18 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>19 11:00 Walking Club 11:00 Music in Motion 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing</p>	<p>20 Place Orders for Groceries <b>PRESIDENTS' DAY</b> 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 4:00 Sit Down Dancing</p>	<p>21 Hometown Foods Delivery Day 9:00 <b>Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church – 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing</p>	<p>22 <b>Washington's Birthday</b> 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 3:00 Men's Coffee 4:00 Sit Down Dancing</p>	<p>23 9:00 <b>Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 4:00 Sit Down Dancing 4:00 Happy Hour</p>	<p>24 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>25 <b>Lila K. Birthday</b> 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>26 11:00 Walking Club 11:00 Music in Motion 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing</p>	<p>27 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 3:00 Coffee with Nancy 4:00 Sit Down Dancing</p>	<p>28 Hometown Foods Delivery Day 9:00 <b>Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 11:30 Walking Club 1:00 Bible study 4:00 Sit Down Dancing <b>MARDI GRAS</b></p>		<p>TRIPS THIS MONTH</p> <p>1<sup>ST</sup> Dollar General 7<sup>th</sup> Walgreens 15<sup>th</sup> Trip to Panora</p> <p>ALL TRIPS ARE WEATHER PERMITTING</p>		<p>SPECIAL EVENTS</p> <p>1<sup>ST</sup> Birthday Party for February 5<sup>th</sup> Super Bowl Party 12<sup>th</sup> Gospel Night 14<sup>th</sup> Valentine's Day 16<sup>th</sup> Music with Bill Tillman 28<sup>th</sup> Mardi Gras</p>

# The Gardens Life Enrichment Calendar – February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BIRTHDAYS</p> <p>Leland V. 4<sup>th</sup> Eileen P. 14<sup>th</sup> Lila K. 25<sup>th</sup></p>	<p><b>GROUND HOG DAY</b></p> 		<p>1</p> <p>8:45 Walking Club 9:00 Trip to Dollar General 9:00 Music Speaks 11:00 Sit Down Dancing 12:45 Groundhog Hunt 2:30 Birthday Party for February 4:00 Music in Motion</p>	<p>2 GROUNDHOG DAY</p> <p>9:00 Live 2 B Healthy 9:15 Trivia Time! 9:45 Meditation Moments 11:00 Sit Down Dancing 1:30 School Reading Buddies 3:00 Music in Motion 4:00 Social Hour</p>	<p>3</p> <p>8:45 Walking Club 9:15 Go Fish 11:00 Sit Down Dancing 1:15 Reminisce snow activities 3:00 Corn Hole 4:00 Music in Motion</p>	<p>4</p> <p>8:45 Walking Club 10:00 Adult Coloring 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>5</p> <p>8:45 Walking Club 9:30 Church (on CD) 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion 5:30 Super Bowl Party</p>	<p>6</p> <p>8:45 Walking Club 9:15 Morning Stretch 9:45 Music 10:00 BINGO 11:00 Sit Down Dancing 2:15 Snack 4:00 Music in Motion</p>	<p>7</p> <p>9:00 Live 2 B Healthy 9:15 Trivia Time! 9:45 Mediation Moments 10:00 Church 11:00 Sit Down 12:45 Hand Massage 2:30 Trip to Walgreens 4:00 Music in Motion</p>	<p>8</p> <p>8:45 Walking Club 9:00 Music Speaks 10:45 Balloon Toss 11:00 Sit Down Dancing 1:00 Cards –UNO 2:15 Bingo! 4:00 Music in Motion</p>	<p>9</p> <p>9:00 Live 2 B Healthy 9:15 Trivia Time! 9:45 Meditation Moments 10:00 Cards/Board Games 11:00 Sit Down Dancing 2:15 Snack 3:00 Music in Motion 4:00 Social Hour</p>	<p>10</p> <p>8:45 Walking Club 9:30 Therapy Dog - Carmel 11:00 Sit Down Dancing 1:15 Reminisce school Valentine's party/making valentines 3:00 Arrange Flowers 4:00 Music in Motion</p>	<p>11</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>12</p> <p>8:45 Walking Club 11:00 Music in Motion 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing 5:00 Gospel Night – First Christian Church</p>	<p>13</p> <p>8:45 Walking Club 9:15 Morning Stretch 9:45 Music 10:00 BINGO 11:00 Sit Down Dancing 2:15 Snack 4:00 Music in Motion</p>	<p>14 VALENTINES DAY</p> <p>9:00 Live 2 B Healthy 9:15 Trivia Time! 9:45 Mediation Moments 10:00 Church 11:00 Sit Down Dancing 12:45 Valentine Memory 2:30 Valentine's Day Party 4:00 Music in Motion</p>	<p>15</p> <p>8:45 Walking Club 9:00 Music Speaks 9:30 Resident Meeting 10:45 Balloon Toss 11:00 Sit Down Dancing 1:00 Trip to Panora 3:15 Bingo! 4:00 Music in Motion</p>	<p>16</p> <p>9:00 Live 2 B Healthy 9:15 Trivia Time! 9:45 Meditation Moments 11:00 Sit Down Dancing 1:30 School Reading Buddies 2:15 Snack 3:00 Music in Motion 4:00 Social Hour</p>	<p>17</p> <p>8:45 Walking Club 9:30 Therapy Dog - Keysa 10:00 Adult Coloring 11:00 Sit Down Dancing 1:15 President Activity 4:00 Music in Motion</p>	<p>18</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 3:00 Water inside Plants 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>19</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>20</p> <p>8:45 Walking Club 9:15 Morning Stretch 9:45 Music &amp; 10:00 BINGO 11:00 Sit Down Dancing 1:30 ACGC HS Activity &amp; Snack 2:15 Snack 4:00 Music in Motion</p>	<p>21</p> <p>9:00 Live 2 B Healthy 9:15 Trivia Time! 9:45 Mediation Moments 10:00 Church 11:00 Sit Down Dancing 12:45 Hand Massage 4:00 Music in Motion</p>	<p>22</p> <p>8:45 Walking Club 9:00 Music Speaks 10:45 Balloon Toss 11:00 Sit Down Dancing 2:15 Bingo! 4:00 Music in Motion</p>	<p>23</p> <p>9:00 Live 2 B Healthy 9:15 Trivia Time! 11:00 Sit Down Dancing 2:15 Snack 3:00 Music in Motion 4:00 Social Hour</p>	<p>24</p> <p>8:45 Walking Club 9:15 Bendominoes 10:00 Box Tops for Education 11:00 Sit Down Dancing 1:15 Faces and Places 4:00 Music in Motion</p>	<p>25</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>26</p> <p>9:00 Hymn sing 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>27</p> <p>8:45 Walking Club 9:15 Morning Stretch 9:45 Music 10:00 BINGO 11:00 Sit Down Dancing 2:15 Snack 4:00 Music in Motion</p>	<p>28</p> <p>9:00 Live 2 B Healthy 9:15 Trivia Time! 9:45 Mediation Moments 10:00 Church 11:00 Sit Down Dancing 12:45 Paper Game 4:00 Music in Motion</p>	<p>SPECIAL EVENTS</p> <p>1<sup>ST</sup> Birthday Party for February 5<sup>th</sup> Super Bowl Party 12<sup>th</sup> Gospel Night 14<sup>th</sup> Valentine's Day 16<sup>th</sup> Music with Bill Tillman 28<sup>th</sup> Mardi Gras</p>		<p>TRIPS THIS MONTH</p> <p>1<sup>ST</sup> Dollar General 7<sup>th</sup> Walgreens 15<sup>th</sup> Trip to Panora</p> <p>ALL TRIPS ARE WEATHER PERMITTING</p>	<p>Happy Valentine's Day</p> 