



# Life Enrichment Calendar – December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>DECEMBER BIRTHDAY Edna S. 24th</p> <p>BIRTHDAY PARTY 7<sup>TH</sup> at 2:30</p> <p>CHRISTMAS PARTY 21<sup>ST</sup> at 10:00</p>		<p>SHOPPING TRIPS THIS MONTH 6<sup>th</sup> Dollar General 8<sup>th</sup> Shopko – Perry 14<sup>th</sup> Trip to Panora</p> <p>HOLIDAY LIGHT TOUR WILL BE DETERMINED ACCORDING TO THE WEATHER &amp; WILL BE POSTED CLOSER TO CHRISTMAS</p>		<p>1 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Make Holiday Table Decorations 11:00 Music in Motion 1:30 School Reading Buddies 3:00 Sit Down Dancing 4:00 Happy Hour</p>	<p>2 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>3 10:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>4 11:00 Walking Club 11:00 Music in Motion 1:00 Festival of Trees 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing</p>	<p>5 Place Orders for Groceries 9:45 Music 10:00 BINGO! 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Finish Decorating 4:00 Sit Down Dancing</p>	<p>6 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – Wichtendahl 11:00 Music in Motion 1:00 Bible study 2:00 Trip to Dollar General 4:00 Sit Down Dancing</p>	<p>7 10:00 Cards - UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:30 Birthday Party for December 4:00 Sit Down Dancing</p>	<p>8 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 1:00 Trip to Shopko - Perry 4:00 Sit Down Dancing 4:00 Happy Hour</p>	<p>9 9:30 Sequence 10:30 Alan &amp; Allison 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>10 10:00 Walking Club 11:00 Music in Motion Boy Scouts will carol during lunch 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>11 11:00 Music in Motion 1:00 Walking Club 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing 5:00 pm Gospel Night – First Christian Church (Joyful Noise) &amp; Light Supper following</p>	<p>12 Place Orders for Groceries 9:45 Music 10:00 BINGO! 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 4:00 Sit Down Dancing</p>	<p>13 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – Leonard 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing 7:00 Music- The Methodist Church</p>	<p>14 9:00 Food Meeting 9:30 Little Panther Preschool 11:00 Walking Club 11:00 Music in Motion 1:30 Balance Exercises 2:00 Trip to Panora 4:00 Sit Down Dancing</p>	<p>15 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 1:30 School Reading Buddies 4:00 Sit Down Dancing 4:00 Happy Hour</p>	<p>16 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>17 10:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>18 11:00 Music in Motion 1:00 Walking Club 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing</p>	<p>19 Place Orders for Groceries 9:45 Music 10:00 BINGO! 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 1:30 AC/GC HS Students - Activity 4:00 Sit Down Dancing</p>	<p>20 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – Shepherd 11:00 Music in Motion 1:00 Cards - UNO 4:00 Sit Down Dancing</p>	<p>21 9:30 Resident Meeting 10:00 Christmas Party 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 4:00 Sit Down Dancing</p>	<p>22 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 1:00 Wii Bowling 4:00 Sit Down Dancing 4:00 Happy Hour</p>	<p>23 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 First Christian Church Holiday sing along 4:00 Sit Down Dancing</p>	<p>24 <b>Edna S. Birthday</b> 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>
<p>25 11:00 Music in Motion 11:30 Walking Club 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing</p>	<p>26 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 3:30 Men's Coffee 4:00 Sit Down Dancing</p>	<p>27 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – Overfors 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing</p>	<p>28 10:00 Box Tops for Education 11:00 Walking Club 11:00 Music in Motion 11:30 Walking Club 1:00 Balance Exercises 4:00 Sit Down Dancing</p>	<p>29 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Dominoes 11:00 Walking Club 11:00 Music in Motion 3:00 Sit Down Dancing 4:00 Happy Hour</p>	<p>30 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing</p>	<p>31 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk</p>

# Life Enrichment Calendar for The Gardens – December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BIRTHDAYS</p> <p>Edna S. 24th</p>		<p>SPECIALS THIS MONTH</p> <p>7<sup>th</sup> Birthday Party for December</p> <p>13<sup>th</sup> Music by the Methodist Church</p> <p>23<sup>rd</sup> Music by the First Christian Church</p> <p>HOLIDAY LIGHT TRIP WILL BE DETERMINED BY THE WEATHER AND WILL BE POSTED CLOSER TO CHRISTMAS</p>		<p>1</p> <p>8:45 Walking Club</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Make Table Decorations</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Box Tops for Education</p> <p>1:30 School Reading Buddies</p> <p>4:00 Music in Motion</p>	<p>2</p> <p>8:45 Walking Club</p> <p>10:00 Decorate for Christmas</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Corn Hole</p> <p>3:00 Puzzle Time</p> <p>4:00 Music in Motion</p>	<p>3</p> <p>9:00 Walking Club</p> <p>11:00 Sit Down Dancing</p> <p>4:00 Music in Motion</p> <p>7:00 Lawrence Welk</p>
<p>4</p> <p>9:00 Walking Club</p> <p>11:00 Sit Down Dancing</p> <p>2:00 Movie &amp; Popcorn</p> <p>4:00 Music in Motion</p>	<p>5</p> <p>8:45 Walking Club</p> <p>9:45 Music</p> <p>10:00 BINGO!</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Balance Exercises</p> <p>4:00 Music in Motion</p>	<p>6</p> <p>8:45 Walking Club</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Church – Wichtendahl</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Bible Study</p> <p>2:00 Trip to Dollar General</p> <p>4:00 Music in Motion</p>	<p>7</p> <p>8:45 Walking Club</p> <p>9:00 Music Speaks</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Balance Exercises</p> <p>2:30 Birthday Party for December</p> <p>4:00 Music in Motion</p>	<p>8</p> <p>8:45 Walking Club</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Cards/Board Games</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Trip to Shopko - Perry</p> <p>4:00 Music in Motion</p>	<p>9</p> <p>8:45 Walking Club</p> <p>10:30 Meet with Senior Housing</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Bendominoes</p> <p>3:00 Buckets and Balls</p> <p>4:00 Music in Motion</p>	<p>10</p> <p>9:00 Walking Club</p> <p>11:00 Sit Down Dancing</p> <p>Boy Scouts will sing during lunch</p> <p>4:00 Music in Motion</p> <p>7:00 Lawrence Welk</p>
<p>11</p> <p>9:00 Walking Club</p> <p>11:00 Sit Down Dancing</p> <p>2:00 Movie &amp; Popcorn</p> <p>4:00 Music in Motion</p> <p>5:00 pm Gospel Night – Higher Power @ First Christian Church &amp; Light Supper</p>	<p>12</p> <p>8:45 Walking Club</p> <p>9:45 Music</p> <p>10:00 BINGO!</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Balance Exercises</p> <p>4:00 Music in Motion</p>	<p>13</p> <p>8:45 Walking Club</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Church – Leonard</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Bible Study</p> <p>4:00 Music in Motion</p> <p>7:00 Holiday Music</p>	<p>14</p> <p>8:45 Walking Club</p> <p>9:00 Music Speaks</p> <p>11:00 Sit Down Dancing</p> <p>1:30 Balance Exercises</p> <p>2:00 Trip to Panora</p> <p>4:00 Music in Motion</p>	<p>15</p> <p>8:45 Walking Club</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Cards &amp; Board Games</p> <p>11:00 Sit Down Dancing</p> <p>4:00 Music in Motion</p>	<p>16</p> <p>8:45 Walking Club</p> <p>10:00 Balloon Bop</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Box Tops for Education</p> <p>3:00 Reminisce about Sledding or Ice Skating</p> <p>4:00 Music in Motion</p>	<p>17</p> <p>9:00 Walking Club</p> <p>11:00 Sit Down Dancing</p> <p>4:00 Music in Motion</p> <p>7:00 Lawrence Welk</p>
<p>18</p> <p>9:00 Walking Club</p> <p>11:00 Sit Down Dancing</p> <p>2:00 Movie &amp; Popcorn</p> <p>4:00 Music in Motion</p>	<p>19</p> <p>8:45 Walking Club</p> <p>9:45 Music</p> <p>10:00 BINGO!</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Balance Exercises</p> <p>4:00 Music in Motion</p>	<p>20</p> <p>8:45 Walking Club</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Church – Shepherd</p> <p>11:00 Sit Down Dancing</p> <p>3:00 Reminisce-Favorite Christmas</p> <p>4:00 Music in Motion</p>	<p>21</p> <p>8:45 Walking Club</p> <p>9:00 Music Speaks</p> <p>9:30 Resident Meeting</p> <p>10:00 Christmas Party</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Balance Exercises</p> <p>3:00 Music in Motion</p>	<p>22</p> <p>8:45 Walking Club</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Cards &amp; Board Games</p> <p>11:00 Sit Down Dancing</p> <p>3:00 Reminisce about</p> <p>4:00 Music in Motion</p>	<p>23</p> <p>8:45 Walking Club</p> <p>10:00 Corn Hole</p> <p>11:00 Sit Down Dancing</p> <p>1:00 First Christian Church Holiday sing along</p> <p>3:00 Story Time (Night Before Christmas)</p> <p>4:00 Music in Motion</p>	<p>24 Edna S. Birthday</p> <p>9:00 Walking Club</p> <p>11:00 Sit Down Dancing</p> <p>4:00 Music in Motion</p> <p>7:00 Lawrence Welk</p>
<p>25 MERRY CHRISTMAS</p> <p>9:00 Walking Club</p> <p>11:00 Sit Down Dancing</p> <p>2:00 Movie &amp; Popcorn</p> <p>4:00 Music in Motion</p>	<p>26</p> <p>8:45 Walking Club</p> <p>9:45 Music</p> <p>10:00 BINGO!</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Balance Exercises</p> <p>4:00 Music in Motion</p>	<p>27</p> <p>8:45 Walking Club</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Church – Overfors</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Bible Study</p> <p>4:00 Music in Motion</p>	<p>28</p> <p>8:45 Walking Club</p> <p>9:00 Music Speaks</p> <p>10:00 Box Tops for Education</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Balance Exercises</p> <p>4:00 Music in Motion</p>	<p>29</p> <p>8:45 Walking Club</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Cards &amp; Board Games</p> <p>11:00 Sit Down Dancing</p> <p>4:00 Music in Motion</p>	<p>30</p> <p>8:45 Walking Club</p> <p>10:00 Buckets and Balls</p> <p>11:00 Sit Down Dancing</p> <p>1:00 Reminisce New Year's Eve Parties</p> <p>3:00 Holiday Collage</p> <p>4:00 Music in Motion</p>	<p>31</p> <p>9:00 Walking Club</p> <p>11:00 Sit Down Dancing</p> <p>4:00 Music in Motion</p> <p>7:00 Lawrence Welk</p>