

IMPORTANT INFORMATION

THE LAKESIDE VILLAGE VINE

2067 HWY 4

PANORA, IA 50216

2067 HWY 4

JULY - 2017

PANORA, IA 50216

Contact Information

Manager:

Brenda Johnson

641-757-9993

manager@thelakesidevillage.com

Community Relations Coordinator:

641-757-9800

Welcome@thelakesidevillage.com

Health Care Coordinator:

Melissa Case

641-757-2928

Nurse@thelakesidevillage.com

Culinary Coordinator:

Marla Hammer

Culinary@thelakesidevillage.com

Life Enrichment Coordinator:

Nancy Marks

Lifenrichment@thelakesidevillage.com

Maintenance Coordinator:

Mark Hammer

641-757-0083

Maintenance@thelakesidevillage.com

Resident Birthdays

JULY—2017

3rd Norma T.

23rd Sandy B.



Melissa Case ~ Nurse's Notes

Taking care of your teeth and gums as you get older can prevent problems like toothaches, cavities (tooth decay) and tooth loss. A healthy mouth also makes it easier for you to eat well and enjoy food. It's especially important to take care of your teeth and gums if you have a health condition like diabetes or heart disease—or if you are taking medicines that can cause oral health problems. Follow the steps below to keep your teeth and gums healthy as you get older.

- *Brush and floss your teeth every day
- *Watch for changes in your mouth
- *See your dentist regularly for checkup and cleaning
- *Talk to your doctor about dry mouth
- *Practice healthy habits

We will provide more detailed handouts to all of the residents on oral health care.



**Father's Day
Grillin' & Chillin'**
at
The Lakeside Village



Your best memories are made on the lake...

Rolling out the red carpet for you!



641-755-3443

www.thelakesidevillage.com



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REMINDERS for Residents and Families

If you are having a guest or guests for a meal, please let Marla, or any of the kitchen staff know, as soon as possible. 24 hours in advance would be great if you know that far ahead of time.

Also, if you are leaving the premises, please make sure you sign out in the book in the lobby, and sign back in when you return.

We have a lot of fun activities planned for the summer! Please honk and wave if you see us on The Lakeside Village bus around Panora, Ames, the greater Des Moines area, or other local towns. We will be at the beach having picnics and out on Lake Panorama on a pontoon boat. Most of these activities will be announced in-house, during the week when we know the weather will cooperate! So, keep checking the activity board in the hallway when you come to meals. Remember to sign up! (One name per line.) Thanks!



THE LAKESIDE VILLAGE VINE

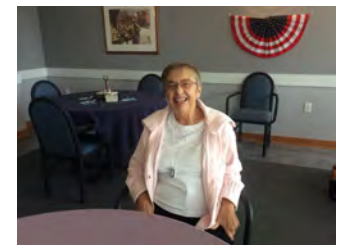
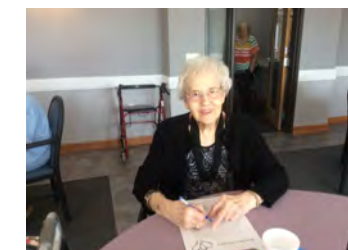
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Lakeside Residents celebrate June birthdays

Residents celebrating birthdays in June are: Betta Jean, Jan (and her brother, Bill), Darlyne, and Ann.



*July Happenings at
The Lakeside Village*



Monday 3rd —Freedom Rock—Scenic drive @ 1:00pm

Tuesday 4th —INDEPENDENCE DAY!!

Wednesday 5th —trip to Perry 8:30am. & June Birthday Party @ 2:30 P.M.

Monday 10th— Trip to Panora 1:30

Wednesday 12th — Music with Jerry Michaels @ 10 A.M.

Thursday 20th Trip to Jordan House, Bennett School & Lunch. Leaving at 10:00

Friday 14th, & 21st 28th—Therapy Dogs

Wednesday 26th— Trip to Wal Mart leaving by 8:30

Every Wednesday—Music Speaks

Every Tuesday and Thursday 9 am —Live 2 Be Healthy (Open to the Public)

Every Thursday—Happy Hour