

\*\*\* **Life Enrichment Calendar – JULY 2017** \*\*\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
2 11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing	3 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion <b>1:00 Freedom Rock Scenic Drive</b> 3:00 Cards - UNO 4:00 Sit Down Dancing	4 INDEPENDENCE DAY 9:00 Adult Coloring 10:00 Cards – <b>Resident's Choice</b> 11:00 Music in Motion 1:00 Pool – 8 Ball 3:30 Dominoes 4:00 Sit Down Dancing  ***** 4TH OF JULY*****	5 Hometown Foods Delivery Day <b>8:30 Trip to Perry</b> 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:30 Birthday Party for June 4:00 Sit Down Dancing	6 <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes (C.F.) 11:00 Music in Motion 1:00 Game - Rummikub 4:00 Sit Down Dancing 4:00 Happy Hour	7 10:00 Board Games 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 3:00 Walking Club 4:00 Sit Down Dancing	1/8 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
9 11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing 4:30 Gospel Sing	10 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises <b>1:30 Trip to Panora</b> 3:00 Cards - UNO 4:00 Sit Down Dancing	11 Hometown Foods Delivery Day <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 1:00 Bible study 3:30 Dominoes 4:00 Sit Down Dancing	12 10:00 Music with Jerry Michael 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards – UNO 4:00 Sit Down Dancing	13 <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes (M.T.) 11:00 Music in Motion 2:30 Game - Rummikub 4:00 Sit Down Dancing 4:00 Happy Hour PODIATRIST COMES TODAY	14 9:00 Therapy Dog 10:00 Board Games 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 3:00 Walking Club 4:00 Sit Down Dancing	15 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
16 11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing 4:30 Gospel Sing – (Followed by a Light Supper)	17 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 2:00 Cards - UNO 4:00 Sit Down Dancing	18 Hometown Foods Delivery Day <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 1:00 Bible study 3:30 Resident Meeting 4:00 Sit Down Dancing	19 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards – Kings in the Corner 4:00 Sit Down Dancing	20 <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments <b>10:00 Jordan House Museum &amp; Lunch/Scenic Drive</b> 10:00 Dominoes (C.F.) 11:00 Music in Motion 4:00 Sit Down Dancing 4:00 Happy Hour	21 9:00 Therapy Dog 10:00 Board Games 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 3:00 Walking Club 4:00 Sit Down Dancing	22 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
23 NATIONAL HOT DOG DAY NATIONAL VANILLA ICE CREAM DAY 11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing	24 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards - UNO 4:00 Sit Down Dancing	25 Hometown Foods Delivery Day <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Music in Motion 1:00 Bible study 3:30 Resident Meeting 4:00 Sit Down Dancing	26 <b>8:30 Trip to Wal Mart</b> 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards – Residents Choice <b>3:30 Men's Coffee</b> 4:00 Sit Down Dancing	27 <b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Dominoes (M.T.) 11:00 Music in Motion 1:00 Game - Rummikub 4:00 Sit Down Dancing 4:00 Happy Hour	28 9:00 Therapy Dog 10:00 Board Games 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 3:00 Walking Club 4:00 Sit Down Dancing	29 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
30 11:00 Music in Motion 11:00 Walking Club 2:00 Movie & Popcorn 4:00 Sit Down Dancing	31 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Cards - UNO 4:00 Sit Down Dancing		Trips this month 3 <sup>rd</sup> Scenic Drive 5 <sup>th</sup> Trip to Perry 10 <sup>th</sup> Trip to Panora 20 <sup>th</sup> Jordan House Museum & lunch – Des Moines 26 <sup>th</sup> Trip to Wal Mart		JULY BIRTHDAYS  3 <sup>RD</sup> Norma T.  23 <sup>rd</sup> Sandy B.	

# \*\*\* *The Gardens* Life Enrichment Calendar – JULY \*\*\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2</p> <p>8:45 Walking Club 9:30 Church on T.V./DVD 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>3</p> <p>8:45 Walking Club 9:30 Remanence 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Freedom Rock Scenic Drive 3:15 Snack 4:00 Music in Motion</p>	<p>4 HAPPY 4<sup>TH</sup> OF JULY</p> <p>8:45 Walking Club 9:45 Meditation Moments 11:00 Sit Down Dancing 11:15 Morning Devotion &amp; Hymn 12:30 Cards/Board Games 4:00 Music in Motion</p>	<p>5</p> <p>8:45 Walking Club <b>9:00 Music Speaks</b> 11:00 Sit Down Dancing 1:00 Word Games 2:30 Birthday Party for July 4:00 Music in Motion</p>	<p>6 Hair Day</p> <p>8:45 Walking Club <b>9: 00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:30 Memory Game 11:00 Sit Down Dancing 4:00 Music in Motion 4:00 Social Hour</p>	<p>7</p> <p>8:30 Morning News Chat 8:45 Walking Club 9:45 Buckets and Balls 11:00 Sit Down Dancing 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>1/8</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>9</p> <p>8:45 Walking Club 9:30 Church on T.V./DVD 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion 5:00 Gospel Night - First Christian Church</p>	<p>10</p> <p>8:45 Walking Club 9:30 Remanence 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 3:15 Snack 4:00 Music in Motion</p>	<p>11</p> <p><b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 11:15 Morning Devotion &amp; Hymn 12:30 Cards/Board Games 3:30 Resident Meeting 4:00 Music in Motion</p>	<p>12</p> <p>8:45 Walking Club <b>9:00 Music Speaks</b> 10:00 Music with Jerry Michael 11:00 Sit Down Dancing 1:00 Word Games 4:00 Music in Motion</p>	<p>13 Hair Day</p> <p>8:45 Walking Club <b>9: 00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:30 Memory Game 11:00 Sit Down Dancing 4:00 Music in Motion 4:00 Social Hour</p>	<p>14</p> <p>8:30 Morning News Chat 8:45 Walking Club 9:30 Therapy Dog 11:00 Sit Down Dancing 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>15</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>16</p> <p>8:45 Walking Club 9:30 Church on T.V./DVD 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>17</p> <p>8:45 Walking Club 9:30 Remanence 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 3:15 Snack 4:00 Music in Motion</p>	<p>18</p> <p><b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 11:15 Morning Devotion &amp; Hymn 12:30 Cards/Board Games 4:00 Music in Motion</p>	<p>19</p> <p>8:45 Walking Club <b>9:00 Music Speaks</b> 10:00 Categories 11:00 Sit Down Dancing 1:00 Word Games 4:00 Music in Motion</p>	<p>20 Hair Day</p> <p><b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:30 Memory Game 11:00 Sit Down Dancing 4:00 Music in Motion 4:00 Social Hour</p>	<p>21</p> <p>8:30 Morning News Chat 8:45 Walking Club 9:30 Therapy Dog 11:00 Sit Down Dancing 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>22</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>23</p> <p>8:45 Walking Club 9:30 Church on T.V./DVD 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>24</p> <p>8:45 Walking Club 9:30 Remanence 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 3:15 Snack 4:00 Music in Motion</p>	<p>25</p> <p><b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 11:15 Morning Devotion &amp; Hymn 12:30 Cards/Board Games 4:00 Music in Motion</p>	<p>26</p> <p>8:45 Walking Club <b>9:00 Music Speaks</b> 10:00 Categories 11:00 Sit Down Dancing 1:00 Word Games 4:00 Music in Motion</p>	<p>27 Hair Day</p> <p><b>9:00 Live 2 B Healthy</b> 9:45 Meditation Moments 10:30 Memory Game 11:00 Sit Down Dancing 4:00 Music in Motion 4:00 Social Hour</p>	<p>28</p> <p>8:30 Morning News Chat 8:45 Walking Club 9:30 Therapy Dog 11:00 Sit Down Dancing 2:00 Adult Coloring 4:00 Music in Motion</p>	<p>29</p> <p>8:45 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>30</p> <p>8:45 Walking Club 9:30 Church on T.V./DVD 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>31</p> <p>8:45 Walking Club 9:30 Remanence 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 3:15 Snack 4:00 Music in Motion</p>					