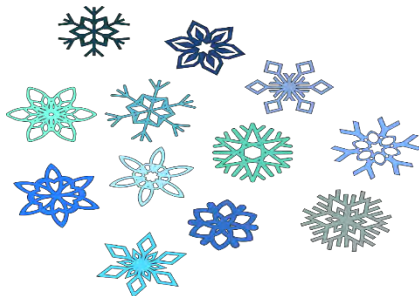




JANUARY LIFE ENRICHMENT CALENDAR – 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Walking Club 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing	2 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 4:00 Sit Down Dancing	3 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing	4 9:00 Trip to Dollar General 10:00 Cards – UNO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:30 Birthday Party for January 4:00 Sit Down Dancing	5 Mava B. Birthday 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 1:30-School Reading Buddies 4:00 Sit Down Dancing 4:00 Happy Hour	6 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	7 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
8 11:00 Walking Club 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing 5:00 Gospel Night – First Christian Church (Local Talent Night followed by a light supper)	9 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 2:00 Afternoon Tea 4:00 Sit Down Dancing	10 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing	11 10:00 Jerry Michaels - MUSIC 11:00 Walking Club 11:00 Music in Motion 1:00 Poker 3:00 Cards – UNO 4:00 Sit Down Dancing	12 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 1:00 Trip to WalMart 4:00 Sit Down Dancing 4:00 Happy Hour (PODIATRIST comes today)	13 Betty L. Birthday 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	14 Dorothy S. Birthday 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
15 11:00 Walking Club 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing	16 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Pool – 8 Ball 4:00 Sit Down Dancing	17 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing	18 9:30 Resident Meeting (3 rd Wed.) 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Coffee Talk – Gayla Wasson 3:00 Cards - UNO 4:00 Sit Down Dancing	19 Diane C. Birthday 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 1:30-School Reading Buddies 4:00 Sit Down Dancing 4:00 Happy Hour	20 9:00 Therapy Dog - Keysa 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	21 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
22 11:00 Walking Club 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing	23 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 4:00 Sit Down Dancing	24 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – 11:00 Music in Motion 1:00 Bible study 4:00 Sit Down Dancing	25 9:30 Trip to Panora 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 3:00 Cards – UNO 4:00 Sit Down Dancing	26 Ayleen S. Birthday 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Dominoes 11:00 Music in Motion 4:00 Sit Down Dancing 4:00 Happy Hour	27 9:00 Therapy Dog - Carmel 10:00 Sequence 11:00 Walking Club 11:00 Music in Motion 12:45 Meditation Moments 1:00 Wii Bowling 4:00 Sit Down Dancing	28 11:00 Walking Club 11:00 Music in Motion 4:00 Sit Down Dancing 7:00 Lawrence Welk
29 11:00 Walking Club 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing	30 Place Orders for Groceries 9:45 Music 10:00 BINGO 11:00 Walking Club 11:00 Music in Motion 1:00 Balance Exercises 2:00 Coffee with Nancy 4:00 Sit Down Dancing	31 Hometown Foods Delivery Day 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – 11:00 Music in Motion 1:00 Bible study 2:00 Men's Coffee 4:00 Sit Down Dancing		TRIPS AND SPECIAL EVENTS 4 th Dollar General & Birthday Party 8 th Gospel Night 9 th High Tea with Nancy Tinnean 11 th Jerry Michael – Music 12 th Trip to Wal Mart 25 th Trip into Panora 30 th Coffee with Nancy ALL TRIPS ARE WEATHER PERMITTING		BIRTHDAYS THIS MONTH Mava B. 5 th Betty L. 13 th Dorothy S. 14 th Diane C. 19 th Ayleen S. 26 th

The Gardens Life Enrichment Calendar – January 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Walking Club 10:00 Hymn Sing 11:00 Sit Down Dancing 2:30 Movie & Popcorn 4:00 Music in Motion	2 8:45 Walking Club 9:45 Music 10:00 BINGO 11:00 Sit Down Dancing 1:00 Balance Exercises 4:00 Music in Motion	3 8:45 Walking Club 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church – 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motions	4 8:45 Walking Club 9:00 Music Speaks 9:30 Trip to Dollar General 11:00 Sit Down Dancing 1:00 Balance Exercises 2:30 Birthday Party for January 4:00 Music in Motion	5 8:45 Walking Club 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cards/Board Games 11:00 Sit Down Dancing 1:30 School Reading Buddies 3:00 Music in Motion 4:00 Social Hour	6 8:45 Walking Club 10:00 Balloon Bop 11:00 Sit Down Dancing 1:00 Winter Collage 3:00 Corn Hole 4:00 Music in Motion	7 9:00 Walking Club 9:30 Fill Bird Feeders 10:00 Adult Coloring 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk
8 9:00 Walking Club 11:00 Sit Down Dancing 2:30 Movie & Popcorn 4:00 Music in Motion 5pm Gospel Night – First Christian Church (Local Talent Night) Light Supper following.	9 8:45 Walking Club 9:45 Music 10:00 BINGO 11:00 Sit Down Dancing 2:00 Afternoon Tea 4:00 Music in Motion	10 8:45 Walking Club 9:00 Live 2 B Healthy 9:45 Mediation Moments 10:00 Church – 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	11 8:45 Walking Club 9:00 Music Speaks 10:00 Music with Jerry Michael 11:00 Sit Down Dancing 1:00 Cards –UNO 4:00 Music in Motion	12 8:45 Walking Club 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cards/Board Games 11:00 Sit Down Dancing 1:00 Trip to Wal Mart 3:00 Music in Motion 4:00 Social Hour	13 8:45 Walking Club 10:00 Balloon Bop 11:00 Sit Down Dancing 1:00 Arrange Flowers 3:00 Corn Hole 4:00 Music in Motion	14 9:00 Walking Club 10:00 Box Tops for Education 11:00 Sit Down Dancing 3:00 Water inside Plants 4:00 Music in Motion 7:00 Lawrence Welk
15 9:00 Walking Club 10:00 Box Tops for Education 11:00 Music in Motion 2:30 Movie & Popcorn 4:00 Sit Down Dancing	16 8:45 Walking Club 9:45 Music 10:00 BINGO 11:00 Sit Down Dancing 1:00 Balance Exercises 4:00 Music in Motion	17 8:45 Walking Club 9:00 Live 2 B Healthy 9:45 Mediation Moments 10:00 Church – 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	18 8:45 Walking Club 9:00 Music Speaks 9:30 Resident Meeting 11:00 Sit Down Dancing 1:00 Balance Exercises 2:00 Coffee Talk-Gayla Wasson 4:00 Music in Motion	19 8:45 Walking Club 9:00 Live 2 B Healthy 9:45 Meditation Moments 11:00 Sit Down Dancing 1:30 School Reading Buddies 3:00 Music in Motion 4:00 Social Hour	20 8:45 Walking Club 9:30 Therapy Dog - Keysa 10:00 Balloon Bop 11:00 Sit Down Dancing 1:00 Cards/Board Games 3:00 Corn Hole 4:00 Music in Motion	21 9:00 Walking Club 10:00 Fill Bird Feeders 11:00 Sit Down Dancing 3:00 Box Tops for Education 4:00 Music in Motion 7:00 Lawrence Welk
22 9:00 Walking Club 10:00 Church on CD 11:00 Sit Down Dancing 2:30 Movie & Popcorn 4:00 Music in Motion	23 8:45 Walking Club 9:45 Music 10:00 BINGO 11:00 Sit Down Dancing 1:00 Balance Exercises 4:00 Music in Motion	24 (Massage Therapist by appt.) 8:45 Walking Club 9:00 Live 2 B Healthy 9:45 Mediation Moments 10:00 Church – 11:00 Sit Down Dancing 1:00 Bible Study 4:00 Music in Motion	25 8:45 Walking Club 9:00 Music Speaks 9:30 Trip to Panora 11:00 Sit Down Dancing 1:00 Balance Exercises 3:00 Music in Motion	26 8:45 Walking Club 9:00 Live 2 B Healthy 10:00 Cards & Board Games 11:00 Sit Down Dancing 3:00 Music in Motion 4:00 Social Hour	27 8:45 Walking Club 9:30 Therapy Dog - Carmel 10:00 Balloon Bop 11:00 Sit Down Dancing 1:00 Adult Coloring 3:00 Count Box Tops 4:00 Music in Motion	28 9:00 Walking Club 10:00 Corn Hole 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk
29 9:00 Walking Club 10:00 Hymn Sing 11:00 Sit Down Dancing 2:30 Movie & Popcorn 4:00 Music in Motion	30 8:45 Walking Club 9:45 Music 10:00 BINGO 11:00 Sit Down Dancing 1:00 Balance Exercises 2:30 Coffee with Nancy 4:00 Music in Motion	31 8:45 Walking Club 9:00 Live 2 B Healthy 9:45 Mediation Moments 10:00 Church – 11:00 Sit Down Dancing 1:00 Bible Study 3:00 Men's Coffee 4:00 Music in Motion		4 TH Dollar General & PARTY 8 th Gospel Night 9 th Tea w/ Nancy Tinnean 11 th Music with Jerry M. 12 th Wal Mart 25 th Trip to Panora ALL TRIPS ARE WEATHER PERMITTING	 <small>ZingerBug.com</small>	JANUARY BIRTHDAYS Mava B 5 th Betty L. 13 th Dorothy S. 14 th Diane C. 19 th Ayleen S. 26 th

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