




# Life Enrichment Calendar –AUGUST 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	
	<p>AUGUST BIRTHDAYS</p> <p>16<sup>TH</sup> – Virginia G.</p>	<p>1 Hometown Foods Delivery Day</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Hymns</p> <p>10:00 Church</p> <p>11:00 Music in Motion</p> <p>1:00 Trip to Dollar General</p> <p>4:00 Sit Down Dancing</p>	<p>2</p> <p>9:00 Nails by Marla</p> <p>10:00 Cards – UNO</p> <p>11:00 Music in Motion</p> <p>1:00 Cards – Kings in the Corner</p> <p>2:30 Birthday Party for August</p> <p>4:00 Sit Down Dancing</p>	<p>3</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Hymns</p> <p>10:00 Dominoes (C.F.)</p> <p>11:00 Music in Motion</p> <p>1:00 Game - Rummikub</p> <p>4:00 Sit Down Dancing</p> <p>4:00 Happy Hour</p>	<p>4</p> <p>9:00 Walking Club</p> <p>10:00 Board Games</p> <p>11:00 Music in Motion</p> <p>12:45 Meditation Moments</p> <p>1:00 Wii Bowling</p> <p>4:00 Sit Down Dancing</p>	<p>5</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>4:00 Sit Down Dancing</p> <p>7:00 Lawrence Welk</p>
<p>6</p> <p>11:00 Music in Motion</p> <p>11:00 Walking Club</p> <p>2:00 Movie &amp; Popcorn</p> <p>4:00 Sit Down Dancing</p>	<p>7 Place Orders for Groceries</p> <p>9:45 Music</p> <p>10:00 BINGO</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>1:00 Balance Exercises</p> <p>2:00 Cards</p> <p>4:00 Sit Down Dancing</p>	<p>8 Hometown Foods Delivery Day</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Church</p> <p>11:00 Music in Motion</p> <p>1:00 Bible study</p> <p>2:00 Mike Lozano (MUSIC)</p> <p>3:30 Dominoes</p> <p>4:00 Sit Down Dancing</p>	<p>9</p> <p>9:00 Therapy Dog (Kauffman)</p> <p>10:00 Cards – UNO</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>1:00 Balance Exercises</p> <p>2:00 Cards – Kings in the Corner</p> <p>4:00 Sit Down Dancing</p>	<p>10</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Dominoes (M.T.)</p> <p>11:00 Music in Motion</p> <p>1:00 Game - Rummikub</p> <p>4:00 Sit Down Dancing</p> <p>4:00 Happy Hour</p> <p>PODIATRIST COMES TODAY</p>	<p>11</p> <p>9:00 Walking Club</p> <p>10:00 Board Games</p> <p>11:00 Music in Motion</p> <p>12:45 Meditation Moments</p> <p>1:00 Wii Bowling</p> <p>4:00 Sit Down Dancing</p>	<p>12</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>4:00 Sit Down Dancing</p> <p>7:00 Lawrence Welk</p>
<p>13</p> <p>11:00 Music in Motion</p> <p>11:00 Walking Club</p> <p>2:00 Movie &amp; Popcorn</p> <p>4:00 Sit Down Dancing</p> <p>4:30 Gospel Sing –</p>	<p>14 Place Orders for Groceries</p> <p>9:45 Music</p> <p>10:00 BINGO</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>2:00 Trip to Panora</p> <p>3:00 Cards</p> <p>4:00 Sit Down Dancing</p>	<p>15 Hometown Foods Delivery Day</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Church</p> <p>11:00 Music in Motion</p> <p>1:00 Bible study</p> <p>3:30 Resident Meeting</p> <p>4:00 Sit Down Dancing</p>	<p>16 HAPPY BIRTHDAY VIRGINIA!</p> <p>IOWA STATE FAIR SENIOR DAY</p> <p>10:00 Cards – UNO</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>2:00 Cards – Kings in the Corner</p> <p>4:00 Sit Down Dancing</p>	<p>17</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Dominoes (C.F.)</p> <p>11:00 Music in Motion</p> <p>1:00 Game - Rummikub</p> <p>4:00 Sit Down Dancing</p> <p>4:00 Happy Hour</p>	<p>18</p> <p>9:00 Therapy Dog -</p> <p>10:00 Board Games</p> <p>11:00 Music in Motion</p> <p>12:45 Meditation Moments</p> <p>1:00 Wii Bowling</p> <p>3:00 Walking Club</p> <p>4:00 Sit Down Dancing</p>	<p>19</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>4:00 Sit Down Dancing</p> <p>7:00 Lawrence Welk</p>
<p>20</p> <p>11:00 Music in Motion</p> <p>11:00 Walking Club</p> <p>2:00 Movie &amp; Popcorn</p> <p>4:00 Sit Down Dancing</p>	<p>21 Place Orders for Groceries</p> <p>9:45 Music</p> <p>10:00 BINGO</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>1:00 Balance Exercises</p> <p>2:00 Cards</p> <p>4:00 Sit Down Dancing</p>	<p>22 Hometown Foods Delivery Day</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Church</p> <p>11:00 Music in Motion</p> <p>1:00 Bible study</p> <p>3:30 Dominoes</p> <p>4:00 Sit Down Dancing</p>	<p>23</p> <p>9:00 Stitch &amp; Chatter coffee hour</p> <p>10:00 Cards – UNO</p> <p>11:00 Music in Motion</p> <p>1:00 Balance Exercises</p> <p>2:00 Cards – Kings in the Corner</p> <p>3:30 Men's Coffee</p> <p>4:00 Sit Down Dancing</p>	<p>24</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Dominoes (M.T.)</p> <p>11:00 Music in Motion</p> <p>1:00 Game - Rummikub</p> <p>4:00 Sit Down Dancing</p> <p>4:00 Happy Hour</p>	<p>25</p> <p>9:00 Therapy Dog -</p> <p>10:00 Board Games</p> <p>11:00 Music in Motion</p> <p>12:45 Meditation Moments</p> <p>1:00 Wii Bowling</p> <p>3:00 Walking Club</p> <p>4:00 Sit Down Dancing</p>	<p>26</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>4:00 Sit Down Dancing</p> <p>7:00 Lawrence Welk</p>
<p>27</p> <p>11:00 Music in Motion</p> <p>11:00 Walking Club</p> <p>2:00 Movie &amp; Popcorn</p> <p>4:00 Sit Down Dancing</p>	<p>28 Place Orders for Groceries</p> <p>9:45 Music</p> <p>10:00 BINGO</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>1:00 Balance Exercises</p> <p>2:00 Cards - UNO</p> <p>4:00 Sit Down Dancing</p>	<p>29 Hometown Foods Delivery Day</p> <p>9:00 Live 2 B Healthy</p> <p>9:45 Meditation Moments</p> <p>10:00 Church</p> <p>11:00 Music in Motion</p> <p>1:00 Bible study</p> <p>3:30 Dominoes</p> <p>4:00 Sit Down Dancing</p>	<p>30</p> <p>8:30 Trip to Wal Mart</p> <p>10:00 Cards – UNO</p> <p>11:00 Walking Club</p> <p>11:00 Music in Motion</p> <p>1:00 Balance Exercises</p> <p>2:00 Cards – Kings in the Corner</p> <p>4:00 Sit Down Dancing</p>	<p>31</p> <p>9:00 Live 2 B Healthy</p> <p>10:00 Music with Bill Tillman</p> <p>11:00 Music in Motion</p> <p>1:00 Game – Rummikub</p> <p>2:30 Ice Cream with Nancy</p> <p>4:00 Sit Down Dancing</p> <p>4:00 Happy Hour</p>		

# The Gardens Life Enrichment Calendar – August 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 12:30 Hymns 4:00 Music in Motion</p>	<p>2 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 2:30 Birthday Party for Nov. 4:00 Music in Motion</p>	<p>3 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cards/Board Games 11:00 Sit Down Dancing 4:00 Music in Motion 4:00 Social Hour</p>	<p>4 8:45 Walking Club 10:00 Memory 11:00 Sit Down Dancing 1:00 Corn Hole 3:00 Puzzle Time 4:00 Music in Motion</p>	<p>5 9:00 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>6 9:00 Walking Club 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>7 8:45 Walking Club 9:45 Monday Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 4:00 Music in Motion</p>	<p>8 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 12:30 Hymns (on CD) 2:00 Music with Mike Lozano 4:00 Music in Motion</p>	<p>9 8:30 Therapy Dog - Kauffman 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 2:00 Movie-Residents choice 4:00 Music in Motion</p>	<p>10 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Musical Memories 11:00 Sit Down Dancing 4:00 Music in Motion 4:00 Social Hour</p>	<p>11 8:45 Walking Club 10:00 Memory 11:00 Sit Down Dancing 1:00 Corn Hole 3:00 Puzzle Time 4:00 Music in Motion</p>	<p>12 9:00 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>13 9:00 Walking Club 11:00 Music in Motion 2:00 Movie &amp; Popcorn 4:00 Sit Down Dancing</p>	<p>14 8:45 Walking Club 9:45 Monday Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 4:00 Music in Motion</p>	<p>15 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 12:30 Hymns (on CD) 3:30 Resident Meeting 4:00 Music in Motion</p>	<p>16 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 2:00 Movie-Residents choice 4:00 Music in Motion</p>	<p>17 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cards &amp; Board Games 11:00 Sit Down Dancing 4:00 Music in Motion 4:00 Social Hour</p>	<p>18 8:45 Walking Club 9:30 Therapy Dog 10:00 Memory 11:00 Sit Down Dancing 1:00 Corn Hole 3:00 Puzzle Time 4:00 Music in Motion</p>	<p>19 9:00 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>20 9:00 Walking Club 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>21 8:45 Walking Club 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 4:00 Music in Motion</p>	<p>22 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 12:30 Hymns (on CD) 4:00 Music in Motion</p>	<p>23 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 2:00 Movie-Residents choice 3:00 Music in Motion</p>	<p>24 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cards &amp; Board Games 11:00 Sit Down Dancing 4:00 Music in Motion 4:00 Social Hour</p>	<p>25 8:45 Walking Club 9:30 Therapy Dog 10:00 Memory 11:00 Sit Down Dancing 1:00 Corn Hole 3:00 Puzzle Time 4:00 Music in Motion</p>	<p>26 9:00 Walking Club 11:00 Sit Down Dancing 4:00 Music in Motion 7:00 Lawrence Welk</p>
<p>27 9:00 Walking Club 11:00 Sit Down Dancing 2:00 Movie &amp; Popcorn 4:00 Music in Motion</p>	<p>28 8:45 Walking Club 9:45 Music 10:00 BINGO! 11:00 Sit Down Dancing 1:00 Balance Exercises 4:00 Music in Motion</p>	<p>29 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Church 11:00 Sit Down Dancing 12:30 Hymns (on CD) 4:00 Music in Motion</p>	<p>30 8:45 Walking Club 9:00 Music Speaks 11:00 Sit Down Dancing 1:00 Balance Exercises 2:00 Movie-Residents choice 4:00 Music in Motion</p>	<p>31 9:00 Live 2 B Healthy 9:45 Meditation Moments 10:00 Cards &amp; Board Games 11:00 Sit Down Dancing 4:00 Music in Motion 4:00 Social Hour</p>	